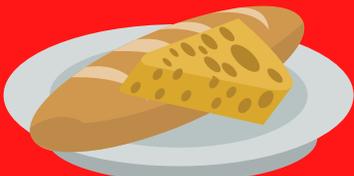


PRESENTS : GRENADA



The College of Health and Human Sciences (CHHS) has initiated a requirement for students to participate in an international experience prior to graduation. The goal of CHHS's international experience requirement is to introduce students to international and intercultural perspectives in order to prepare them to live and work in an increasingly globalized world.

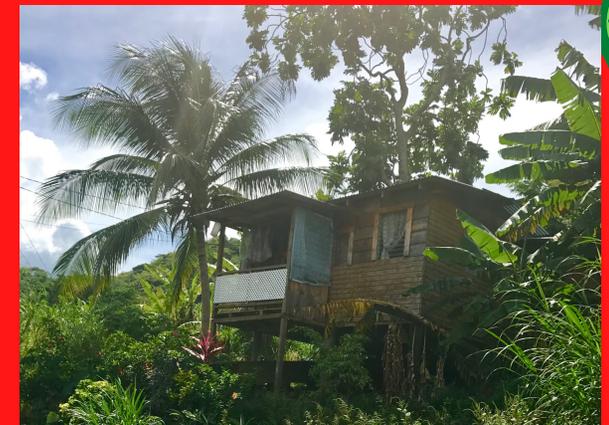
Studying abroad is a high-impact educational practice that has been shown to increase student success and employability after graduation. The CHHS International Experience is designed to provide high-quality global learning experiences that are flexible, affordable, and relevant to students' degree programs and professional goals.

Keep Up with Us



@SJSUCHHS

Have any questions or concerns? Email us
CHHS-InternationalExperience@Sjsu.edu



GRENADA

Grenada is a Caribbean country comprising a main island, also called Grenada and smaller surrounding islands. The capital of Grenada is St. George. Total population as of 2020 is 112,523.

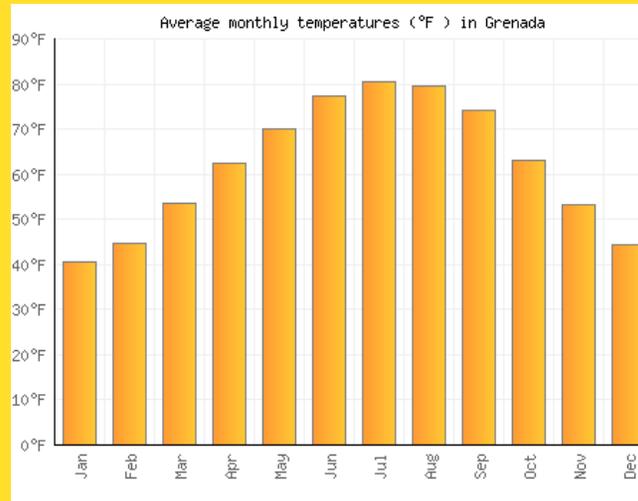
LANGUAGE

English is the common language spoken. A simple "Hello" will get you far.

TRANSPORTATION IN GRENADA

In Grenada you can use many different forms of transportation. You can drive, take a taxi, water taxi, board the ferry, hire a motor boat, jump on a bus, take a plane or just walk to places.

WEATHER



WHAT TO WEAR?

Daytime essentials include t-shirts, shorts as most people spend their time on the beach.

Make sure to pack a couple of swimsuits as a lot of people enjoy going to the beach. Don't forget to pack flip flops as well!

Mosquitoes can be a problem so also pack some long sleeves and pants .

WHAT TO EAT?

The most popular foods in Grenada is oil down, crab meet, callaloo soup and potato pudding.

Popular drinks in Grenada are Coffee and Rum Punch.

EATING ETIQUETTE

- The national dish is "Oil Down," a stew of callaloo, breadfruit, meat or salt fish, and coconut oil
- Grenadians eat breakfast early in the morning
- Main meal around noon
- Supper is at dusk
- Supper usually is just bread and cheese
- Most people eat from a bowl and a spoon
- Wealthy families use a fork and knife