

The College of Health and Human Sciences (CHHS) has initiated a requirement for students to participate in an international experience prior to graduation. The goal of CHHS's international experience requirement is to introduce students to international and intercultural perspectives in order to prepare them to live and work in an increasingly globalized world.

Studying abroad is a high-impact educational practice that has been shown to increase student success and employability after graduation. The CHHS International Experience is designed to provide high-quality global learning experiences that are flexible, affordable, and relevant to students' degree programs and professional goals.

KEEP UP WITH US:



Have any questions or concerns? Email us :

CHHS-INTERNATIONALEXPERIENCE@SJSU.EDU





Japan

Japan is a country located in East Asia The capital of Japan is Tokyo. Fourfifths of Japan's land is mountains, one of them is the popular Mount Fuji Japan is popular for its cherry blossoms, food, shopping, anime and manga and vending machines.

The most common language is Japanese

However, when traveling to Japan, it is common for locals to understand English. Best to learn common phrases like "hello" or "excuse me."

How to get around?

You will most likely use Japan's train system to get around. Japan also requires a lot of walking so, bring comfortable shoes!

Weather



TripSavvy / Ellen Lindner

TRAVEL TO
JAPAN:
THINGS TO
KNOW BEFORE
TRAVELING
ABROAD

How to dress?

In Japan, it is frowned upon to show too much cleavage or to wear shorts that are too short. Especially if you are visiting shrines and temples.

Must-try foods!

A couple of foods you must try while In Japan include sushi, ramen, udon, tempura, miso soup and soba.

Eating out etiquette:

- 1. Slurping is a sign of appreciation.
- 2. When eating with a small bowl, bring it to your face.
- 3. Never leave chopsticks standing vertically
- 4. Do not start drinking until everyone has their drink and raise their drink to salute, "Kampaii."

NO tipping!

Tipping is not necessary in Japan, it can be considered rude in many situations.