# SJSU | COLLEGE OF HEALTH AND HUMAN SCIENCES PRESENTS: SOUTH KOREA



The College of Health and Human Sciences (CHHS) has initiated a requirement for students to participate in an international experience prior to graduation. The goal of CHHS's international experience requirement is to introduce students to international and intercultural perspectives in order to prepare them to live and work in an increasingly globalized world.

Studying abroad is a high-impact educational practice that has been shown to increase student success and employability after graduation. The CHHS International Experience is designed to provide high-quality global learning experiences that are flexible, affordable, and relevant to students' degree programs and professional goals.

#### KEEP UP WITH US:



Have any questions or concerns? Email us :

CHHS-INTERNATIONALEXPERIENCE@SJSU.EDU







#### **SOUTH KOREA**

South Korea, country in East Asia. It occupies the southern portion of the Korean peninsula. The country is bordered by the Democratic People's Republic of Korea (North Korea) to the north, the East Sea (Sea of Japan) to the east, the East China Sea to the south, and the Yellow Sea to the west; to the southeast it is separated from the Japanese island of Tsushima by the Korea Strait. The capital is Seoul (Sŏul).

# KOREA'S OFFICIAL LANGUAGE IS...

Korean but there are several different dialects depending on the region.

#### **GETTING AROUND IS EASY**

- Subway networks in big cities spider out from metro centers into far-flung corners of the countryside.
- Almost always a local bus available to take you that extra mile.
- In a rush? Korea also has an extensive domestic air network
- Want to enjoy the sea? Take a ferry

#### **BEST TIME TO VISIT**



TripSavvy / Bailey Mariner

Travel to South
Korea:
Things to know
before traveling
abroad

### **DRESS TO IMPRESS**

South Korea is a conservative country so avoid showing cleavage, keep shoulders covered. On the beach local women wear shorts and t-shirts rather than swimwear. Go for a one-piece suit and a sarong over. Overall, most people are very well-groomed and love to dress up a bit with well fitted clothing.

## **DINING ETIQUETTE**

Do not be surprised if you are asked to sit on the floor - most restaurants have both floor and table seating

- Always pass objects (in any setting) with both hands
- Always use Chopsticks to cut and pick up food - do NOT use hands
- Lay down your chopsticks
   "mouth end" on you plate
- Always refill your neighbors glass first
- Do NOT tip
  - Waiters
  - Bartenders
  - Taxi Drivers
  - Tour Guides

# TOP FOODS TO TRY

- 1. Kimchi
- 2. Bulgagi BBQ
- 3. Korean Fried Chicken
- 4. Snake Soup
- 5. Bibimbap
- 6. Juk Porridge
- 7. Yakgwa
- 8. Soju