

## Adapted Physical Education (APE) Added Authorization

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The Adapted Physical Education (APE) Added Authorization allows an individual to teach special needs students who are precluded from participating in a general education physical education program or a specially designed physical education program as determined by the local level special education assessment. The APE Added Authorization is an add-on authorization for the holder of a valid prerequisite credential.

The APE program is offered through the Kinesiology Department at San Jose State University. If you have a 3.00 GPA (overall), with a Single Subject PE credential, you will need to complete 13 units in APE. If your prerequisite credential is not in PE but is one of the other CTC-sanctioned credentials for the APE add-on, then you will be required to complete the CSET or do additional foundation work in Kinesiology in addition to the 13 APE units listed below:

1. KIN 107	Adapted Aquatics	1 unit
2. KIN 156	Intro to APA	3 units
3. KIN 159	Sport and Adapted Activities	3 units
4. KIN 174	Psychomotor Assessment	3 units
5. KIN 170CF	Fieldwork in APA	2 units
6. KIN 170CS	Seminar in APE	1 unit

### **PREREQUISITE REQUIREMENT**

Possess a valid prerequisite teaching credential authorizing the teaching of physical education in any grade K- 12 or a credential authorizing instruction or services in special education. The following credentials are acceptable:

- Single Subject in Physical Education
- Multiple Subject
- Standard Secondary with a major or minor in Physical Education
- Standard Elementary with a major or minor in Physical Education
- Standard Early Childhood
- Special Secondary in Physical Education
- General Secondary
- General Junior High School
- General Elementary
- General Kindergarten–Primary

### **ADDITIONAL REQUIREMENTS**

\*Individuals holding these prerequisite credentials are required to complete twelve semester units of physical education coursework with a minimum of three semester units in both kinesiology and motor development along with the APE Added Authorization program. NOTE: A Single Subject Teaching Credential with a supplementary authorization in sports and games or Introductory Physical Education is not a valid basic teaching credential for an individual to obtain the APE Specialist Added Authorization.

- Education Specialist Instruction\*
- General Special Education\*
- Standard Special Education\*
- Ryan Specialist Instruction\*
- Special Education Services Credential with a Special Class Authorization\*

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### **AAAPE PROGRAM CONTACT**

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### **HOW TO FILE FOR YOUR APE ADDED AUTHORIZATION**

Upon completion of the coursework, you may file for the Adapted Physical Education (APE) Added Authorization through the Credential Services Office at San Jose State University. Download the APE checklist from the website and submit your application to:

#### **Credential Services**

Sweeney Hall 445

Email: [credentials@sjsu.edu](mailto:credentials@sjsu.edu)

Website: <https://www.sjsu.edu/education/academics/credentials/>