

Personal Protective Equipment: Shoes

- Safety footwear should be inspected before each use.
- Shoes and leggings should be checked for wear and tear at reasonable intervals.
- The soles of shoes should be checked for pieces of metal or other embedded items that could present electrical or tripping hazards.
- Workers should follow the manufacturers' instructions for the cleaning and maintenance of protective footwear.
- At a minimum, all work in labs and shops must be done with close-toed shoes.

Steel or composite toed safety shoes, boots, or covers	Steel or composite toed safety shoes, boots, or covers protects the toes when personnel are exposed to a crushing or impact injury. Slip-on toe caps are available when toe protection is required for short or temporary use.
Metatarsal Guard	Metatarsal guards provide protection to the instep from impact and compression. Metatarsal guards are made of aluminum, steel, fiber, or plastic and can be strapped to the outside of shoes.
Toe Guards	Toe guards cover the toes of regular shoes to protect them from impact and compression hazards. They can be made from steel, aluminum, or plastic.
Combination Foot and Shin Guards	Combination foot and shin guards provide protection for the lower legs and feet, and can be combined with toe guards for additional protection.
Chemical-Resistant Shoes	Chemical-resistant shoes are made of a variety of materials that protect against chemical and biological hazards. Ensure that the protective material is compatible with the chemical being used. Slip-on overshoes or booties can also provide chemical or biological protection.
Slip-Resistant Shoes	Slip-resistant shoes provides protection for the midsole of the foot, where sharp objects can pierce or penetrate the sole of the shoe.
Safety Shoes for Shops & Field Work	Specialized foot protection is required for hazardous <u>field work</u> tasks including: potential impacts from tools, machinery and/or materials; high-voltage electrical work; wet environments; work in extreme temperatures; Ask your supervisor for help selecting shoe protection for specialized work.