

Department of Kinesiology - San José State University
Kinesiology Minor Form (18 Total Units) - Updated Academic Year 2021-2022

A. For courses in progress, list IP with semester and year (e.g., IP FA21). For courses to be taken, list TBT with semester and year (e.g., TBT FA 22). Include information under the appropriate "semester" column. If KIN 70 and/or articulated activity courses were completed and transferred from another institution, they may be listed.

B. To be awarded a minor, at least 12 units of coursework must be completely distinct and separate from the coursework in the major, and coursework for the minor must include a minimum of 6 upper-division units ([University Policy S16-4](#)). Minor preparation or support courses do not count toward the 12 distinct units. Of the coursework for the minor, at least 6 units must be completed in residence at SJSU. The minimum aggregate GPA for all coursework required for the minor must be at least 2.0.

C. Once this KIN Minor Form and appropriate SJSU Minor Application are completed ([Under 90 Unit Minor Application](#) or [Over 90 Unit Minor Application](#)) send to victoria.duval@sjsu.edu - For any questions, contact daniel.bohigian@sjsu.edu (KIN Department Advising Manager).

First Name		Last Name		Student ID #	
Email Address		Current Major		Expected Semester & Year of Graduation	

I. Required Courses For All KIN Minors (9 Units)

Course	Course Name	Prerequisites	Units	Semester/Year	Grade
KIN 70	Introduction to Kinesiology	Instructor Permission	3		

(A) Select One Upper-Division KIN Course From the Selections Below:

Course	Course Name	Prerequisites	Units	Semester/Year	Grade
KIN 155	Exercise Physiology	KIN 70, BIOL 66, & CHEM 30A	3		
KIN 158	Biomechanics	KIN 70 & BIOL 65	3		
KIN 165	Motor Development	KIN 70	3		
KIN 166	Motor Learning	KIN 70 & BIOL 66	3		

(B) Select One Upper-Division KIN Course From the Selections Below:

Course	Course Name	Prerequisites	Units	Semester/Year	Grade
KIN 160	History of Sport and Physical Education	KIN 70	3		
KIN 161	Philosophy of Sport	KIN 70	3		
KIN 164	Sociocultural Perspectives of Sport	KIN 70	3		
KIN 167	Sports Psychology	KIN 70 & PSYC 1	3		
KIN 168	Psychology of Coaching	KIN 70	3		

II. Select Two Upper-Division KIN Guided Electives (6 Units)

Course	Course Name	Prerequisites (Investigate and List)	Units	Semester/Year	Grade
			3		
			3		

III. Activity Courses (3 units) - Course Must Be From a Minimum of Three Different Movement Areas (5 Units Total Including SJSU PE Requirements)

SJSU PE Requirement Course	Course Name	Movement Area Name and # (Investigate and List)	Units	Semester/Year	Grade
KIN Minor Activity Course	Course Name	Movement Area Name and # (Investigate and List)	Units	Semester/Year	Grade

IV. Required Signatures For Initial Approval (Student: Do Not Fill Out)

KIN Advising Manager/Minor Advisor		KIN Undergraduate Coordinator	
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