

MINOR IN NUTRITION FOR PHYSICAL PERFORMANCE

Name: _____ ID#: _____

Mailing address: _____

Phone #: _____ Email: _____

Major: _____ Graduation Date: _____

Requirements for the Minor: 15 units.

REQUIRED COURSES

Department/ Course #	# units	Course name	Semester offered	Sem/Yr completed	Grade
NuFS 8	3	Nutrition for Health Prof	F,S	_____	_____
NuFS 105	3	Current Issues in Nutrition	F,S	_____	_____
NuFS 106A	3	Human Nutrition in Life Span	F,S	_____	_____
NuFS 123	3	Nutrition for Sport	F	_____	_____
KIN 162 ¹	3	Advanced Fitness Assessment Exer	F	_____	_____

College/University

Substitute _____ taken at _____ for _____ Approval/Date _____

Substitute _____ taken at _____ for _____ Approval/Date _____

Substitute _____ taken at _____ for _____ Approval/Date _____

Substitute _____ taken at _____ for _____ Approval/Date _____

Advisor: _____ Date: _____

Department Chair: _____ Date: _____

¹Pref KIN 155 Exercise Physiology (3) required; if KIN 162 is required by the major, select another Nutrition course with approval of the advisor.

Note: NuFS/KIN 163 is not allowed for majors or minors.