

NUTRITION FOOD SCIENCE PACKAGING

TRI-FOCUS

SAN JOSE STATE UNIVERSITY - DEPARTMENT OF NUTRITION & FOOD SCIENCE

HELLO ALUMNI AND FRIENDS!



The faculty, staff, and students of the Department of Nutrition and Food Science have had an exciting and productive year. We are happy to welcome *Dr. Clarie Hollenbeck* as a tenure-track faculty member. Previously, *Dr. Hollenbeck* served as a full-time temporary faculty member in the department. *Dr. Hollenbeck* is adored by our

students; in fact, they voted him, for the third year, most inspirational full-time faculty member. Congratulations also go to *Caroline Fee* who was voted most inspirational part-time faculty member. We are so fortunate to have such talented faculty members on our staff.

Unfortunately, one of our faculty members, *Dr. Michelle Neyman*, is leaving us to join the nutrition faculty at CSU Chico on a tenure-track appointment. She leaves us with regret, but looks forward to being able to afford the price of houses in her new community! We all wish her well. In addition, two faculty members are taking a leave of absence for one year: *Joan Giampaoli* will finish her doctoral research and dissertation at Oregon State University; and *Dr. May-Choo Wang* will conduct research with UC Berkeley. We will dearly miss all three next year.

University students who are non-majors are flocking to take our general education courses, and our department has generated the highest enrollment in our college this year: 510 Full-Time Equivalent Students (FTES). In addition, we are actively stepping up our recruitment efforts to attract more majors. Currently, we have 215 majors (145 Bachelors and 70 Masters). Career opportunities for our nutrition majors are more exciting than ever before, due to the high public interest in health promotion and disease prevention. Also, there are increased job opportunities in private industry and government, and a great demand for our graduates in food science and technology and packaging. We offer high quality programs (BS in Nutritional Science with concentrations in Dietetics, Food Science and Technology, and Packaging, as well as an MS in Nutritional Science), and we are now prepared to offer these programs to additional students. Thanks for all of your help in spreading the word.

Circle of Friends continues to support the graduate student research assistance awards, which enable

Masters students to purchase the chemicals, food, and supplies required to complete their research studies. Also, because of your help, fundraising campaign efforts have been successful for *Circle of Friends* scholarships and purchase of state-of-the-art instructional equipment.

Thanks to the support of our alumni and friends, we continue to be able to provide our students with an outstanding education. For developing this excellent newsletter, we owe special thanks to *Caroline Fee, Nicholas Boer, Sherry Adamski, Caroline Spinali, Jocelyn Dubin, Sarah Shelor, Kelly Gonslaves, and Judith Schallberger.*

Do keep us updated on your activities!

Lucy McProud, Ph.D., R.D., Chairperson
Department of Nutrition & Food Science
San Jose State University

DR. CLARIE HOLLENBECK NEW ASSOCIATE PROFESSOR

by Sarah Shelor

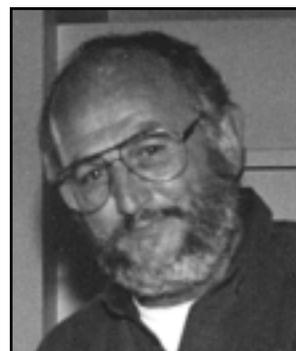
It's true. Excellence really does pay off. After being voted Outstanding Professor for the Nutrition and Food Science

(NuFS) Department for three years straight, Dr. Clarie Hollenbeck was made an associate professor in May.

Dr. Hollenbeck joined SJSU in 1995 as a part-time lecturer in the NuFS Department, and became a full-time lecturer just last year. He teaches nutrition at both the undergraduate and graduate level, and also serves as the manager for

Hazardous Waste Materials and a member of the Emergency Evacuation Committee for the department.

However, his quick rise to tenure wasn't due to locking himself in a closet, doing research 24 hours a day. Dr. Hollenbeck leads natural history hikes in the Santa Cruz Mountains, and has studied the nesting habits of the Western Bluebird for the past 8 years.



A SNAPSHOT OF FACULTY EXCELLENCE

by Jocelyn Dubin

They can be seen in action in the classroom. Many a student has benefited from their guidance during office hours. Students are always grateful for their support at award ceremonies, scholarship receptions, and convocation. They are the fabulous faculty of the Nutrition and Food Science Department! Listed below are just a few of their recent contributions to the disciplines of Nutrition and Food Science.

Awesome Awards

- ❖ **Joan Giampaoli** received a \$2500 grant from ASFSA, which she will use to conduct doctoral research.
- ❖ **Dr. Barbara Gordon** was presented with a Service Learning Award from the Service Learning Center Task Force.
- ❖ **Dr. Miriam Saltmarch** was awarded a \$3000 ILT Technology Grant from the Knight Ridder Foundation for the Spring 2000 semester.
- ❖ **Dr. May Wang** was awarded a \$120,000 research grant from the National Osteoporosis Foundation to investigate factors related to peak bone mass in young Asian women and Latinas.

Clever Coordinating

- ❖ **Joan Giampaoli** served as coordinator of the CAL-PRO-NET Center for the 1999-2000 academic year.

Contributions in Cyberspace

- ❖ **Caroline Fee** served as a guest contributor to "Understanding Seniors' Special Nutritional Needs" on the Caregiver Zone website at www.caregiver.com.

Dazzling Directors

- ❖ **Dr. Kathryn Sucher** served as Director of the California Dietetic Association Scholarship Committee.

Multimedia Mentors

- ❖ In partnership with Dr. Patricia Backer, **Dr. Miriam Saltmarch** developed two series of multimedia workshops for SJSU faculty.

Pertinent Publications

- ❖ **Joan Giampaoli** submitted two articles to the *Journal of Child Nutrition and Management*.
- ❖ **Dr. Barbara Gordon** wrote a paper entitled "Dietary habits and beliefs of Koreans in the San Francisco Bay Area" which will be published in the October,

2000 issue of the Journal of the American Dietetic Association.

- ❖ **Dr. Lucy McProud** co-authored the publication "The Development and Evaluation of Vegetarian Menu Items for a High School Population" which will be published in the *Journal of Child Nutrition and Management* later this year.
- ❖ **Dr. Miriam Saltmarch** co-authored the *Teaching and Learning in a Network World* publication "Getting on Board with Multimedia and Internet Training."
- ❖ **Dr. Kathryn Sucher** co-authored *More Tang for the Buck: Ethnic Restaurant Trends* which was published in an American Dietetic Association Culinary Professionals Practice Group Winter, 2000 newsletter.
- ❖ **Dr. May Wang** co-authored three abstracts submitted to the American Society for Bone and Mineral Research.
- ❖ **Caroline Fee** authored an abstract and scholar to scholar program proposal to the Association for Gerontology in Higher Education Annual Educational Leadership Conference.

Praiseworthy Presentations

- ❖ **Dr. Barbara Gordon** delivered several presentations on genetically engineered foods.
- ❖ **Dr. Lucy McProud** presented a poster at the California Dietetic Association Conference in Palm Springs, California.
- ❖ **Dr. Kathryn Sucher** presented a lecture entitled "The Cultural Impacts of Food Choices of Californians" at San Francisco State University.
- ❖ **Dr. May Wang** presented a paper entitled "Relationships between participation in food assistance programs and skeletal health" at the USDA Small Grants Conference in Washington, D.C.

"Clarie Hollenbeck" continued from page 1

As a father of four teenagers, he is actively involved in youth sports, holding positions in both the California and American Youth Soccer Associations. His eldest child, Piper, is a President's Scholar in biology here at SJSU – so it looks like academic excellence runs in the family!

Dr. Hollenbeck began his college education at California State University, Hayward, CA. He continued his schooling at Oregon State University in Corvallis, OR and obtained his Ph.D. in 1982. While attending Oregon State from 1979 to 1982, Dr. Hollenbeck worked as a research and teaching assistant in the Department of Nutrition.

In 1982 it was back to California for Dr. Hollenbeck. He was a Postdoctoral Research Scholar at Stanford University

School of Medicine. From 1985 to 1995, Hollenbeck served as the Coordinator of Diabetes Research at Stanford. During much of this time, he also conducted research in geriatrics at the VA Medical Center in Palo Alto.

We're not sure how he has found time to publish approximately 85 scientific articles, but it's clear he deserves his lengthy list of honors and awards. Anyone who has had a class in NuFS 9, 108A, 109, 219A or 219B with Dr. Hollenbeck understands what a great contribution he makes to the department and to SJSU. His combination of education, experience, and passion for his field make him an invaluable addition.

**FERN WENDT, R.D.
PROFESSOR EMERITUS
1914-1999**

Fern Wendt, a Kansas native, began her career in dietetics and foodservice with a B.S. at Kansas State in Manhattan, Kansas, and an internship at Michael Reese Hospital in Chicago. For two years, she worked as a



Fern Wendt (on far right) takes a 1955 photo break, surrounded by her students in food service.

hospital dietitian at the Norwegian American Hospital in Chicago and at Ohio Valley General Hospital in Wheeling, West Virginia.

Fern switched her emphasis from clinical dietetics to foodservice management, when she became the assistant director of foodservice at Louisiana Tech in Ruston, Louisiana.

From there, she became director of all foodservice at Louisiana State Normal in Natchitoches, Louisiana. During World War II, she fed the Navy unit on the campus, as well as the students.

With eight years of background in foodservice, *Fern* came to San Jose State University (SJSU) in October of 1944 to take the positions of manager of the cafeteria in the home economics building and part-time instructor. The cafeteria was used as a teaching lab for students in the dietetics program. In 1957, the Student Union cafeteria in the home economics building was closed, and *Fern* embarked on her next endeavor.

Fern became a full-time instructor in the administrative portion of dietetics, teaching courses in organization and management, institutional purchasing, volume food production, and sanitation. She also taught the "tea room" management course. The "tea room" was open one day a week to the campus community and was managed by students as part of their training experience. The "tea room" was also used for enhancing public relations.

In the 31 years that *Fern* was at SJSU, she was active in The American Dietetic Association and the California Dietetic Association (CDA). She also helped organize the San Jose Peninsula District of CDA. The first meeting was held in the "tea room" of the home economics building at SJSU in 1950; there were about 25 people in attendance. Over the years, *Fern* was president of the organization and worked tirelessly to help the group become the active district that it is today.

In 1976, *Fern* retired from SJSU; initially, she spent time traveling and managing rental property. In 1985, she moved to Kansas City, Missouri to make her retirement home close to her family. She continued her interest in dietetics and foodservice by attending the

Kansas City, Missouri Dietetic Association meetings. *Fern* celebrated 50 years of membership in The American Dietetic Association when the organization had its national convention in San Francisco.

Fern enjoyed her retirement and took a number of trips abroad. In 1987, she went on a cultural tour of China that lasted 22 days. It was not an easy trip for her, but very worthwhile. She also went on two cruises to the Caribbean and one to Alaska. When not traveling, *Fern* enjoyed reading and needlework, as well as attending plays and taking part in the many activities available to her.

The Department of Nutrition and Food Science is deeply appreciative of *Fern Wendt's* continued interest and generous support over the years. In addition to the donation she gave toward the completion of our food science and technology pilot plant, *Fern* also started a scholarship in her name to support students who were following her career path in foodservice and dietetics management.

Fern's family wishes that any gifts in her memory be donated to the *Fern Wendt Scholarship Fund* via checks made out to the *NuFS Circle of Friends, SJSU*. Please mail to Nutrition and Food Science Department, San Jose State University, One Washington Square, San Jose, CA 95192-0058. **The *Fern Wendt Scholarship Fund* will ensure that *Fern's* dedication to education and love for students will continue on.**

JEAN DOWNES FLIES THE COOP

Jean Downes, emeritus professor and much loved colleague and friend, was given a sendoff luncheon at IL Fornaio restaurant on April 22, before she took flight to her new home in Alexandria, Virginia. Jean's daughter, Trinka, and grandson, Matthew, are delighted that she will finally be living close to them.

Guests gathering to wish her all the best included Elveda Smith, Vaunden Nelson, Jane Harmer, Bob Caron, Lou Fisch, Kathy Sucher, Miriam Saltmarch, Joan Giampaoli, Chung Soon Kim, Lucy McProud, and Caroline Fee. Although not able to be there in person, Julie Dutcher and Rose Tseng sent cards filled with well wishes.

Jean will be greatly missed, but assures us all she is only a phone call away!



Jean Downes is all smiles as she anticipates her new home in Virginia.

DISTINGUISHED HONORARY MEMBER CIRCLE OF FRIENDS YEAR 2000



Ann M. Coulston, MS, RD, FADA was recognized on May 27 as the SJSU Department of Nutrition and Food Science **Circle of Friends Year 2000 Distinguished Honorary Award Recipient**.

Ann's professional career has been extraordinary. She is recognized, both nationally and internationally, as an expert in clinical nutrition

and research, and has authored over 80 publications, including research articles in *The Journal of The American Dietetic Association*, *American Journal of Clinical Nutrition*, and *Diabetes and Diabetes Care*. In addition, she has contributed numerous review articles in scientific journals, and has written book chapters in a number of college textbooks including "Contemporary Nutrition Support Practice."

Ann is a highly sought speaker and has presented lectures at many scientific meetings, not only in the United States but also in other countries. Additionally, communicating sound nutrition information to the general public is another of her many talents. She has been interviewed on television and in newspapers, including the *Los Angeles Times* and *New York Times* and in magazines, including *TIME*, *Newsweek*, and *Medical World News*.

Ann has received many prestigious awards and honors. She was recognized by The American Dietetic Association Foundation for Excellence in the practice of Clinical Nutrition and in the practice of Research, and she received the Medallion Award for Leadership. The California Dietetic Association also honored her with the Distinguished Service and Outstanding Member awards. Ann culminated her years of professional service, by serving as President of The American Dietetic Association for 1998-99.

Ann recently retired from her Senior Research Dietitian position at Stanford University Medical Center. After spending more than 20 years at Stanford, she now devotes her time to nutrition consulting and serves as partner in Hattner/Coulston Nutrition Associates.

At this year's Circle of Friends Reception which was, once again, held in concert with the department's Graduation Celebration and Convocation, Ann accepted her Distinguished Honorary Award. She spoke to the graduates with inspiring words on charting their personal career paths, with excellence as their guiding light.

Ann Coulston is a remarkable role model and truly embodies what the Circle of Friends is all about: passion for quality, success, and commitment to excellence. The Circle of Friends recognizes with great honor and appreciation, Ann M. Coulston as its Year 2000 Distinguished Honorary Award Recipient.

CIRCLE OF FRIENDS CHAMPIONS EXCELLENCE

The **Circle of Friends** celebrates seven years of major accomplishments that have invigorated the department: six new scholarship funds, yearly research assistance awards, and numerous pieces of instructional equipment including a bioelectric impedance analyzer and heavy duty professional range.

However, we do not rest on our laurels. Rather, we embrace the 21st century with its new realities and opportunities. Who could have imagined first impressions would be made while sitting in front of a computer? Today, this is often the first contact a prospective student or colleague has with the department.

Once again, the **Circle of Friends** stands ready for the challenge with this year's major project: funding a department web site of the highest quality and professional caliber to attract the most promising students. The web site will reflect the excellence of our program and its faculty. Thus, it will also be vital in strengthening the department's community outreach and forging new professional partnerships.

By joining us and sending in your membership, you will make the building of an impressive web site possible. **Your support is essential** to maximize the exciting opportunities that lie ahead, opportunities to produce tomorrow's leaders in nutrition and food science. **(An application is provided on the last page of the newsletter).**

CIRCLE OF FRIENDS MISSION AND MAJOR ACCOMPLISHMENTS

The "Circle of Friends" is a coalition of alumni, faculty, community partners, and friends of the SJSU Department of Nutrition and Food Science who have joined together to sustain the department's dedication to excellence. The contributions of our 150+ members have been directly responsible for enriching our students' educational experiences in a number of ways. In our seventh year of success, some major accomplishments include:

- ✓ Completion of the Food Processing Plant Laboratory
- ✓ Purchase of a Bioelectric Impedance Analyzer
- ✓ Purchase of a Portable Food Demonstration Cooking Unit
- ✓ Purchase of a Bomb Calorimeter (with microprocessor)
- ✓ Creation of a Student Research Assistance Fund
- ✓ Purchase of a Heavy Duty Professional Range

NUTRITION STUDENTS AND ALUMNA SWEEP AWARDS AT ANNUAL COLLEGE RECEPTION

Six first-class students and one first-class alumna, all from the Nutrition and Food Science (NuFS) department, were honored at the San Jose State University's "First Class Dining Room" on May 1, 2000. It was all part of the annual Awards Reception held by the College of Applied Sciences and Arts.



Professor Clarie Hollenbeck presents flowers and congratulations to his advisee, Antonella Dewel.

The prestigious occasion was presided over by Dr. Paul Brown, Associate Dean of the College; Angie Alfaro, Chairperson of the College Alumni Board of Directors; Dr. Nancy Lu, interim Associate Dean of the College and NuFS Professor; with opening remarks by Dr. Linda Bain, SJSU Provost. And the student

winners were:

- **Dana Rogers, *Outstanding Researcher Award.*** For Dana's development and implementation of the college peer nutrition program at SJSU
- **Laura Hawkins, *Outstanding Thesis Finalist.*** For Laura's study of the chemical, physical, and sensory characteristics of spray-dried banana powder.
- **Antonella Dewel, *Small Research Grant.*** Antonella is focusing on phytoestrogen supplementation and serum lipid and lipoprotein profiles in elderly postmenopausal women.
- **Elizabeth Wolfe, *Small Research Grant.*** Elizabeth is concentrating on barriers to healthy eating in children.
- **Heidi Sanchez, *Dean' Undergraduate Scholarship*** Heidi plans to work in improving the nutritional status of low-income families, once she graduates.
- **Jocelyn Dubin, *SJSU Alumni Association Scholarship.*** Jocelyn's goal is to develop a comprehensive private practice centering on prenatal and postpartum nutrition counseling and education, after completing her master's degree.



Dr. Lucy McProud shares a moment of joy with scholarship winner Heidi Sanchez.

And the alumna winner was:

- **Mary Denny, *Distinguished Alumni Award*** Mary, one of nine university alumni honored, was recognized for her exceptional contributions to the profession of dietetics as well as her strong support of SJSU nutrition students and faculty.

MARY DENNY DEDICATED NUTRITIONIST AND RECOGNIZED LEADER OF THE PROFESSION

The Department of Nutrition and Food Science is proud to honor Mary Denny, M.S. 1981, as Outstanding Alumna for the 1999-2000 academic year. The award is clearly deserved.

Mary is dedicated to the dietetics profession, deeply involved in the community, and has given so much back to her department and its current students. She has offered dietetic internships, provided field trips and shared her expertise as a guest speaker — educating students on topics such as dialysis and nutrition management for renal and burn patients.

And she has done it all with a generous and upbeat attitude:

"I am delighted to mentor and work with the students and staff at SJSU,"

Denny said upon learning of her award.

Presently, Mary is the Director of Nutrition and Food Service at Santa Clara Valley Medical Center. She began at the center as a renal and burn unit dietitian 33 years ago.

During that time, Mary Denny has become a recognized leader in dietetics. She has served as President of



numerous dietetic associations, including Denver, Colorado and the San Jose Peninsula District. She was also President of the Council of Renal Dietitians, and has been an active 4-H leader for the last 15 years. In addition, Mary has authored numerous publications in the area of renal dietetics and has given many presentations on nutrition.

The department is so fortunate that Mary decided to come to San Jose State University to pursue her master's degree, after completing her undergraduate degree in nutrition at the University of Wyoming and dietetic internship at the University of Wisconsin.

Mary truly exemplifies a distinguished alumna who has given so much back. Her help and support of the department's students and faculty are deeply appreciated.

CIRCLE OF FRIENDS GUESTS HONORED IN FOOD PRODUCTION LUNCHEON

Last Oct. 26, seemed much like any other Tuesday morning. The Nutrition and Food Science (NuFS) Department's food production class was prepping for their weekly luncheon. The room — No. 122 in the Central Classroom Building — looked pretty much the same as always. But by noon it would be a different story. There would be some very special guests, with food and decorations to match the occasion.

Dining with NuFS students that day were emeritus professors Elveda Smith and Vaunden Nelson, and distinguished alumna award recipients Phyllis Simpkins and Jean Downes (also an emeritus professor). Also being honored was Brian Mitchler, an alumnus representing Spartan Shops.

Diners were treated to a harvest celebration fitting to the season. Gracing the tables were cornucopia centerpieces flowing forth leaves and gourds — the true colors of fall.



Alumna Phyllis Simpkins shares some amusing stories with the students.

The food was also an expression of autumn. Seasonal greens, tossed with the earthy flavor of toasted walnuts, was a natural complement to the warm atmosphere. The salad was followed by chicken bathed in a sauce of wine and wild mushrooms. With its pairing of nutty wild rice and fresh green beans, the poultry was worthy of a Thanksgiving feast.

A comforting lemon pudding concluded the meal, evoking sweet memories of childhood for some of the guests. Yet, the lunch's mood overall was mature and festive — well enhanced by a fruity sangria beverage.

As the meal wound down, NuFS Department Chair Dr. Lucy McProud and Circle of Friends Director Caroline Fee officially welcomed their guests. They also introduced and thanked Joan Giampaoli, Assistant Professor and NuFS111L instructor, and her students, who were responsible for planning and producing the meal.

Phyllis Simpkins expressed her own thanks to the students and took the opportunity to relate a few

cherished memories of the NuFS Department, formerly known as "Home Economics."

And although the Circle of Friends guests were the ones honored at the luncheon, it was also an honor for



Instructor Joan Giampaoli (at left) takes a bow for a fabulous luncheon put on by her students.

the NuFS students to break bread with such distinguished company. The luncheon not only allowed students to interact with some of the leaders of their community, but provided an opportunity for students to witness the strong bonds between alumni and the department.

Fortunately, Gordon Burton, a professor from the Department of Occupational Therapy, had volunteered his services as event photographer. So, if those tender impressions from that special day ever fade, we can relive them in his photos.



Emeritus Professor Dr. Elveda Smith is ready to enjoy the "fruits" of the students' hard work.

FOOD SCIENCE GIVES ONE GRADUATE A TRENDY JOB

by Sherry Adamski

Hamid Farzi, B.S. '90 has proven that a career in nutrition is anything but dull. Hamid, an alum of the department and active Circle of Friends member, has landed a job heading up quality control for Webvan, a cutting-edge food delivery company on the Internet. However, he warns current students that finding the road to trendy jobs requires keeping your eyes wide open:



Alum Hamid Farzi stands ready to deliver food safety and quality control for Webvan

"Don't snooze during those valuable classes concerning sensory evaluation, food engineering and microbiology," he said.

Hamid had already proved that a nutrition degree from San Jose State University (SJSU) can lead to a sweet profession. Shortly after attaining a B.S. in Food Science in 1990, he got a job in quality control for Mrs. Smith's pies. When Mrs. Smith's was bought out by Kellogg's, he moved on to cookies and Otis Spunkmeyer — where he fine-tuned his quality control skills. He climbed the ladder quickly, rising from a supervisor to corporate manager and, in 1995, to director of quality control.

The quality control aspect of food science was Hamid's favorite from the start. In addition to the curriculum at SJSU, he took quality control extension classes run by the Institute of Food Technologists (IFT) and the American Institute of Baking (AIB).

Just last year, Hamid was hired as the Director of Food Safety and Quality Assurance for Webvan. He is



Webvan delivery trucks are all lined up and ready to roll.

now responsible for ensuring safety and quality in the company's enormous 313,000 square foot distribution center in Oakland, as well as its satellite stations throughout Northern California. Because of the company's rapid growth, he foresees doing a lot of traveling and remote management.

Hamid really enjoys his job, saying, *"It's challenging and very progressive, with lots of opportunity."*

For those of you who are not familiar with Webvan, snap-to-it, because you are losing valuable shopping time. Think of it like Whole Foods coming to your door. The online company is very selective about which food companies to include, and therefore offers nothing but premium quality products. You can check them out at webvan.com.

As the writer of this article and a graduate student in food science, I was very fortunate to have had my own personal tour of Webvan's facility. I was thoroughly impressed by how organized it all was. What a production! And you've gotta' love those little trucks!

GENETICALLY ALTERED FOODS ARE THEY SAFE?

by Earl Cruz

A high-tech subject deserves a high-tech format. So, it was appropriate that a recent discussion on genetically altered foods — in which our Nutrition and Food Science (NuFS) department participated — was done via teleconference. San Jose State University (SJSU) was just one of many sites making a video link to experts from across the nation and Canada — in an effort to explore the risks and benefits of Genetically Modified Organisms (GMO's).

While genetic modification has been practiced for many years (such as breeding prize bulls), it has been only fairly recently that diverse species (such as the controversial introduction of seabass genes into the common tomato) have been introduced.

The greatest obstacle to the widespread use of GMO's comes from a reluctant European market, and Dr. Tassos Haniotos, an economist, confined his remarks to this issue. He said there was a high interest in consumer safety in Europe and a general concern that regulatory standards are not keeping pace with the rapid developments in bioengineered foods.

The forum of experts essentially endorsed GMO technology. But just like the awkward camera shots, frozen scenes, and static that plagued the teleconference, many bugs need to be worked out before bioengineered foods are widely accepted as safe and acceptable.



STUDENT PACKAGING ASSOCIATION SHOWS STYLE

The Student Packaging Association finished the 1999-2000 academic year in great style! Some of this year's highlights included:

- ◆ Bimonthly meetings featuring guest speakers from the packaging industry and the SJSU Career Center to learn about job search skills
- ◆ Travel scholarships to Westpak and PackExpo trade shows to promote the SJSU Packaging Program and visit exhibitor booths to network and learn the latest developments in the packaging industry
- ◆ Outreach to advanced level high school students to help them design their own packaging prototype for the MESA Egg Drop contest
- ◆ Participation in Senior Night at the Children's Discovery Museum where graduating seniors presented their semester long packaging design product to an audience of packaging professionals.

Anyone interested in learning more about the Student Packaging Association or the Packaging Program can call Dr. Jorge Marcondes, Packaging Coordinator, at 408-924-3210.

\$23,000 IN SCHOLARSHIP "PACKAGES" AWARDED

The following SJSU packaging students have been awarded scholarships during the past academic year.

Sponsor

Bright Family Foundation
 California Packaging Club
 California Packaging Club
 SJSU Packaging Advisory Council
 Dow Chemical Company
 Reed Exhibitions Co.
 CAPE Systems
 Packaging Education Forum
 THARCO
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Recipient

Kelly Gonslaves
 James Wise
 Stephanie Little
 Peter Matthews
 Cheryl Novicio
 Vilma Andari
 Bhautik Mehta
 Georgia Douveas
 Maryam Kalami
 Kerry Hamilton
 Jennifer Graham
 Karla Reynolds
 Greg Schwinghammer
 Arun Madanagopal
 Kelly Gonsalves
 Peter Matthews

Packaging Travel and Professional Meeting Scholarships

Professional Meetings
 PMMI Travel, PackExpo West 99
 Work Scholarship, PackExpo 99
 Travel Scholarship, Westpack 99
 Industry Westpack 99 Travel

IoPP Golden Gate Chapter
 PMMI
 PMMI
 SJSU Student Pkg Assoc.
 IoPP Golden Gate Chapter

ALUMNI SIGHTINGS



It took plenty of detective work to uncover our family of practicing nutrition and food science professionals. Luckily, they were not all far-flung. We tracked down **Marisa Castildini, M.S.'96** working close to campus as an outpatient dietitian at St. James Health Center. **Jill Christensen, M.S.'99** was sighted making the commute from her home in Los Gatos to her job in Mountain View at El Camino Hospital, where she serves as their inpatient clinical dietitian. In her "spare time," Jill also does nutrition counseling and group classes for private physicians.

Around-the-clock surveillance found Kaiser Hospital in Santa Clara "teaming" with our best. **Sharbari Khanna, M.S.'96** serves as Kaiser's nutrition director. **La Paula Sakai M.S.'86** continues as the nutrition coordinator in charge of nutrition support. **Janet Rauch, B.S.'94** gives her all as Kaiser's clinical pediatric coordinator, while **Geraldine Conlon, B.S.'98** offers her expertise as an inpatient clinical dietitian. **Gretchen Vannice, M.S.'99** also works as Kaiser's health educator, doing what she loves: communicating with clients.

Following up on our Kaiser Santa Clara success, we took our spyglasses to the Kaiser Santa Theresa Hospital, and hit the jackpot. **Elizabeth Bailey, M.S.'97** heads things up as their nutrition director, while **Melissa Gibson, M.S.'96** gives her all as an outpatient dietitian. Great news: **Vicki Castelli, M.S.'95** was recently promoted from her outpatient dietitian position to the Kaiser regional offices in Oakland to serve as program planner for hypertension management.

Sleuthing southward, we saw **Chandra Williams Zeil, B.S.'99** at Watsonville Community Hospital working as a clinical dietitian with chief clinical dietitian **Eileen Mackusick, M.S.'94**. Chandra is also doing some nutrition counseling for private physicians in the area. Her soul mate, **Dana Gilbert Zeip, B.S.'99**, is not far away. Dana can be found at Monterey Community Hospital where she enjoys working as their clinical dietitian in charge of nutrition support and also being married to the "Dentist."

Edging eastward, we unearthed **Candyce Roberts, M.S.'96**, **Valerie Simler, M.S.'97**, and **Dana Rogers, M.S.'99** in Livermore working for ValleyCare Health Systems as outpatient clinical dietitians. **Pat McDonald, M.S.'96** also works for ValleyCare as their clinical dietitian in the skilled nursing facility. Further digging in the East Bay found **Dale Olds, M.S.'94** working in Dublin at the National Food Laboratory as a product development and evaluation project leader. **Hamid Farzi, B.S.'90** couldn't hide, despite being in "virtual" heaven. He is employed in Oakland at WebVan where he is their director of food safety and quality control.

Sifting through the files turned up gold in Northern California. **Kim Moeller Vagt, M.S.'92** was caught working in Jackson at Sutter Almador Hospital. Kim is the Director of Nutrition Services for the hospital and has the distinction of leading the implementation of their outpatient diabetes education program and the Almador County Diabetes Support Group. **Lori Shigemura Yamaguchi, B.S.'97** was an easy mark—found "living it up" in Davis, where she works as a renal dietitian for Total Renal Care. **Bill Horn-McGinnis M.S.'89** was also a cinch to locate, jogging outside in Davis, working for the USDA as a nutritionist, specializing in exercise science.

The real investigative work took place outside of California. But **Marcia Moore Green, B.A.'74** couldn't elude us in her Irving, Texas hideout, where she works at the Baylor Medical Center as their diabetes educator. **Laura Hawkins, M.S.'99** was also spotted in Texas, this time in Austin. Laura's husband, Mark, has taken a new job with Dell Computers, and the move has provided a great bonus. Laura's parents moved to Austin after retiring 13 years ago, so Laura's two boys can now see their grandparents on a regular basis.

Diane Veale-Jones, M.A.'69 was caught in our dragnet, living in Minnesota where she is a professor of nutrition at the College of Saint Benedict and St. John's University. The Area II Dietetic Educator Practitioner Group recently recognized Diane with the Outstanding Educator of the Year Award. It took binoculars to capture **Mary Ann Sullivan, M.S.'81** basking in the Florida sun, working in Sarasota. In March, Mary Ann started a new job as nutrition coordinator for the Manatee County Head Start Program. She now thinks younger than ever and enjoys working with her preschooler clients.

Our resources were running thin as we returned to SJSU, but luckily more than 20 alumni were right at hand. After getting married and taking a brief time-out, **Ashleigh Harwin Coffeng, M.S.'98** returned last fall to SJSU and the department to teach a course section in Nutrition and World Hunger (Nutrition 139), in addition to teaching a course section in Introduction to Science through Nutrition (Nutrition 9). **Eileen Mackusick, M.S.'94**, and **Christine Louie Wilson, M.S.'98** also taught these courses for the department, along with veterans: **Loan Pham, M.S.'96**, **Stephanie Brooks, M.S.'96**, **Francine Genta, M.S.'91**, **Kim Roth, M.S.'97**, **Kathleen Cahill, M.S.'98**, **Valerie Simler, M.S.'97**, and **Dorothy Parker, M.S.'96**.

Dana Rogers, M.S.'99, confessed to being very busy, not only teaching for the department, but also serving as Action Team Coordinator, in charge of the peer nutrition education program for the SJSU Student Health Center. Dana also led the Action Team in hosting a National March Nutrition Month Celebration on campus, where all SJSU students could get free nutrition

“Alumni Sightings” continued from page 9

STUDENTS GET RAVE REVIEWS ON THEIR HEALTH SCREENINGS FOR OLDER ADULTS

information and educational materials. **Nancy Black, M.S. '88** continues to provide her expertise as the SJSU Student Health Center Nutritionist. She is responsible for all student nutrition counseling and also conducts special groups including an Eating Disorders Support Group.

Joan Giampaoli, M.S.'91, will be taking a year's leave of absence from her faculty position in the department. Joan is off to Oregon State University to finish writing her doctoral dissertation. Her Ph.D. is almost here! Conversely, **Sherry Adamski, B.S.'99** has come back to the department. She is now working on her M.S. degree in Food Science and says school is even better the second time around!

Tish Litchfield, M.S.'83 came home to the department to share her experience and expertise in school food service management with students in the Nutrition and Food Science Club. The students were “all ears” as Tish shared her enthusiasm about job opportunities and personal satisfactions in her chosen field.

Paige Reddan, M.S.'83 also returned to the “nest” so to speak with the department's Student Club and the Medical Nutrition Therapy class. Paige is the Director of the Diabetes Society of Santa Clara Valley, and she truly excited the students about volunteer opportunities at the various summer camps offered to diabetic children. Would you believe there is even a “floating camp” held on a cruise ship sailing from Los Angeles to Mexico!

Jane Harmer, M.A.'77 graciously agreed to serve on the department's Circle of Friends scholarship selection committee with Dr. Elveda Smith. Jane will be filling the shoes of former committee member, **Jean Downes, M.A.'74** who has moved to Virginia to live closer to her daughter, Trinkka, and grandson, Matthew. **Phyllis Simpkins, B.S.'46**, the 1997 Distinguished Alumni Award Recipient for Nutrition and Food Science, joined the department's faculty in congratulating this year's recipient: **Mary Denny, M.S.'81** at the College of Applied Sciences and Arts Awards Reception in May.

As a fitting end to this year's sightings, the combined Graduation Convocation and Circle of Friends Reception Celebration on May 27 was filled with alumni spirit. **Holly Weber, M.S.'93** was seen congratulating many of the students who had the great fortune to work under her supervision in Project Lean. Holly also recently received an honorary award for outstanding professional contributions from the California Dietetic Association. **Marty Wilson, M.S.'98** was there giving her best wishes to the graduates, as well. Marty also received many kudos for her excellent leadership as Chair of the Trends Symposium sponsored by the San Jose Peninsula Dietetic District.

Graduate students are learning from the “experts” in our “Health Promotion in Later Years” (NuFS 260) course. Cosponsored with the gerontology program, the class uses a guest lecturer format, which brings in authorities in nutrition, exercise, arthritis, cognitive and emotional health, and social support, to name a few. Lectures focus on principles of practice with older adults and also include recommended assessment tools.

As a final project, the students form interdisciplinary health care teams. Each team's assignment is to plan and perform a comprehensive health screening assessment on a volunteer who is 65 or older. Then, the team collaborates on writing an integrated health promotion plan. After review of the plan by the course instructor, the plan is sent to the volunteer with individualized health promotion suggestions.

Last fall the older volunteers who so generously shared their time and “bodies” were from the SJSU Emeritus Faculty Association: Norma Spalding, Bernadine Buetler, Cliff Johnson, and Mary Bowman. Their words of praise and admiration for the students were unanimous.

Their comments included, “Thank you for inviting me to be a part of the students' experience in a comprehensive health screening. It was great fun to be the center of their questions.” Another wrote, “I was most impressed with the caliber of young women in the class. I think the University and the Department can be very proud to be turning out such outstanding graduates. Thank you all, too, for the follow-up and the suggestions to help keep me healthy. It is greatly appreciated.”



Dr. Mary Bowman, Emeritus Professor Human Performance, demonstrates her flexibility to Sarah McLeod, MPH graduate student.

RECOGNITION OF EXCELLENCE

University Scholarships/Grants/Honors:

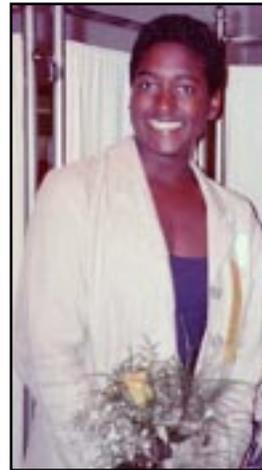
College of Applied Sciences and Arts Scholarship and Grant Awards

CASA Alumni Scholarship
Heidi Sanchez \$500

Small Research Grant
Antonella Dewell \$500
Elizabeth Wolfe \$500

Outstanding Thesis Finalist
Laura Hawkins

Outstanding Researcher
Dana Rogers



Jocelyn Dubin smiles at the news of her multiple awards.

Circle of Friends Scholarship Awards

Jean Downes Scholarship
Elizabeth Wolfe \$500

Elveda Smith Scholarship
Antonella Dewell \$500

Rose Tseng Scholarship
Beth Trumbo \$500

Fern Wendt Scholarship
Linda Liu \$500

Stanford University Hospital Scholarship
Coorina Alcaraz-Alvarez \$500

Josephine and Frank Morris Awards
Nathan House \$175
Beverly Tharp \$175

**San Jose State University
Alumni Association Scholarship**
Award Recipient
Jocelyn Dubin \$1250

**San Jose State University
Associated Students Council**
Jocelyn Dubin \$1500

**San Jose State University Diversity Enhancement
Recognition Award**
Jocelyn Dubin

California State University Statewide Competition
Outstanding Student Researcher
Health, Nutrition, Clinical Science
Dana Rogers, First Place Award

Circle of Friends Research Assistance Awards

Elizabeth Wolfe \$500
Sripriya Ravi \$500
Youngseok Kang \$500
Earl Cruz \$200

Nutrition and Food Science Department Outstanding Student Awards

Baccalaureate Candidates

Nutrition/Dietetics: Coorina Alvaraz-Alvarez
Food Science: Fugui Liu
Packaging: Kelly Gonsalves

Masters Candidate

Nutrition/Dietetics: Shelly Wingert



Dana Rogers (on left) and Chitra Milani exchange congratulations.

DEPARTMENT OF NUTRITION AND FOOD SCIENCE

Bachelor of Science

Fall 1999/Spring 2000 Graduates

Dietetics

Alcaraz-Alvarez, Coorina
 Beard, Kim
 Cabigao, Rachel
 Daniels, Lisa
 Daver, Lisa
 Dughi, Cinthia
 Duhamel, Ashlee M.
 Fernandez, Lori
 German, Donnelle
 Hammett, Gina Marie
 Hess, Kristen
 Holcomb, Heidi
 Ikemoto, Karen
 Knight, Deborah
 Lavagetto, Lori
 Liu, Linda
 Maglionico, Danielle
 Martin, Jeanine
 Nguyen, Loan-Anh
 Perez, Linda
 Reynolds, Roxanne
 Rickmond, Kristina
 Ritchie, Shannon
 Robinson, Stacy
 Roush, Jennifer
 Seipert, Sara
 Selbo, Tracy

Shimizu, Chizuru
 Simonds, Donna
 Stenger, Erin
 Tharp, Beverly
 Zucca, Christie

Food Science & Technology

Kusnan, Nursina
 Lam, Vivian
 Lee, Karen
 Liu, Fuqi
 Nguyen, Uyen

General Nutrition

Aldridge, Robin
 Cimarrusti, Adrienne
 Kotch, Theresa
 Nguyen, Tien
 Rawlinson, Victoria
 Reed, Laura
 Villanueva, Maria
 Whitney, Krista



Hugs and Congratulations convey sheer joy!

Packaging

Biagiotto, Cydney
 Caday, Wilbur
 Do, Diane
 Gonsalves, Kelly
 Hajiabbasi, Maryam
 Hajiabbasi, Marjan
 Huynh, Henry H.
 Kalami, Maryam
 Malasan, Erlyn
 Ngo, Huong
 Nguyen, Mindy
 Nguyen, Nikkie
 Reynolds, Karla J.
 Shue, Sarah
 Ton, Doan
 Win, Barani

DIETETIC INTERNSHIPS 1999-2000***External Internships***

Christie Zucca: California State University, Fresno, CA
Nathan House: Oregon Health Sciences University, Portland, OR
Tracy Selbo: Porterville Developmental Center, Porterville, CA
Gina Marie Hammett: Oregon Health Sciences University, Portland, OR
Marianna Kristofik: Virginia State University, Petersburg, VA
Kristina Rickmond: University of Connecticut, School of Allied Health, Storrs, CT
Eris Miller: California State University, Northridge, CA
Heidi Holcomb: South Dakota Dietetic Internship Program, Rapid City and Mitchell, SD

Internal Internships

Lisa Daniels: Kaiser Medical Center, Santa Clara/Choices for Children
Tami Enderle: San Mateo General Hospital, San Mateo, CA
Kelly Fagg: Valley Care Medical Center/Diablo Valley School District
Lori Fernandez: Kaiser Medical Center, Santa Clara/Cupertino Unified School District
Gina Giambra: Mariner Post Acute Network

"Dietetic Internal Internships" continued from page 12

Nancy Jacobson: Cupertino Unified School District/Mariner Post Acute Network

Anne Kolker: VA Hospital, San Francisco/Head Start Program

Roxanne Reynolds: San Jose Medical Center/Spartan Shops Dining Services, SJSU

Ginger Royer: Santa Clara Valley Medical Center, San Jose, CA

Bev Tharp: Santa Clara Valley Medical Center, San Jose, CA

Beth Trumbo: San Mateo County General Hospital, San Mateo, CA

April Vandiver: Mariner Post Acute Network

Shelly Wingert: Watsonville Community Hospital, Watsonville, CA

NUFS MASTER OF SCIENCE

Fall 1999/Spring 2000/Summer 2000

Thesis/Project Title

Ajjarapu, Radhika	<i>Phytate and Minerals in Indian Vegetarian Dishes</i>
Bell, Edward James	<i>Determination of Marketability of the 'ElectroPop' and the Acceptance of this Product Concept Idea by Parents and Children</i>
Fagg, Kelly	<i>Evaluation of Food Preferences as it Relates to Weight Loss in Vertical Banded Gastroplasty Patients</i>
Frei, Barbara	<i>The Neonatal Dietitian: A National Survey</i>
Giambra, Gina	<i>Assessment of Food Safety Education in Elementary Schools in Santa Clara County, California</i>
House, Nathan	<i>The Effects of Rapid Weight loss on Muscle Endurance</i>
Kolker, Anne	<i>Assessment of Food Safety Education in Elementary Schools in Santa Clara County, California</i>
Malani, Chitra	<i>Raising Community Awareness about Childhood Iron Deficiency Anemia: Impact of Collaborative Effort</i>
Miller, Eris	<i>Assessing Nutrition Knowledge among Amateur Athletes</i>
Senthilvel, Aarti	<i>Evaluation of Diabetes Education CD</i>
Sharma, Kavita	<i>Phytate and Minerals in Indian Baby Foods</i>
Stark, Michele	<i>Perceptions about Health and Nutrition among Low-income Mexican-Americans with Diabetes</i>
Trumbo, Beth	<i>Nutrient Intake and Body Composition of HIV+ Men</i>
Webster, Kathleen	<i>Self Reported Level of Pain and Physical Function Status Associated with Weight Loss in Overweight/Obese Persons</i>
Wingert, Shelly	<i>Evaluation of the Adequacy and Consumption of Lunch Meals Served to Profoundly Disabled Students: Identification of Barriers to Providing Appropriate Meals</i>

PUBLIC POLICY EDUCATION DAY STUDENTS GET INVOLVED

Students and Registered Dietitians from all over the state descended on Sacramento on March 6 — the day before California's primaries — to learn the fine art of lobbying. San Jose State University was well represented at the annual event, which is sponsored by the California Dietetic Association. The conference is more than just a



Students (left to right) Caroline Spinali, Laura Reed, Heidi Holcomb, and Coorina Alvarez are ready to learn the art of lobbying.

lobbying workshop, however. Attendees learn about important nutrition issues and how public policy affects them, and then actually get to meet with —and persuade — their legislators. A tall order for one day!

Thankfully, it was well organized from beginning to end. Lori Buch, MA, RD, CDE started it off with an overview of state government — going over the structure and legislative process. She also covered the in's and out's of lobbying and summarized the health and nutrition bills currently in the works.

Todd Ketch, the senior manager of political affairs for The American Dietetic Association, gave a state of the nation address on dietetic licensing and certification. Ketch briefed the audience on the levels of licensing in law, and on the need for a united front and a strategic approach in pursuing licensing when the right time comes.

Many experts spoke on particular bills that have passed within the previous year, including those affecting diabetes management and treatment and food safety handling certification. Other recent bills dealt with health care coverage of phenylketonuria (PKU), and the California Department of Health Services Osteoporosis Prevention and Education Program (COPE).

Before everyone left to meet their state legislators, there was a working lunch. Mike Belote, the California Dietetic Association lobbyist, spoke on the legislative mood in the year 2000. Sally Cohenour, MS, RD went over the procedure for visiting with elected officials at the Capitol, emphasizing the importance of being well-informed and well-spoken.

Some students and Registered Dietitians had to meet with representatives of the legislators (office staff often had to fill in because of the upcoming elections), but others got some valuable face-to-face time. The meetings left students feeling empowered, and the conference added greatly to understanding how state government works. The day proved to be a great success and a major incentive to get involved!

SUPPLIERS' EXPO

by Sherry Adamski

If you attended this year's Suppliers' EXPO, you enjoyed a rare opportunity to mingle among hundreds of our food industry's leading suppliers and professionals, and look over some rather interesting new product trends coming to market. Green tea latte anyone? Okay, I admit, the latte was a bit strange, but then you still had another 275 booths with their product samples to check out at this event.

This year's EXPO took place at the Oakland Convention Center and included some well-known food/ingredient companies such as C & H Sugar Company, Christopher Ranch Garlic, Sunkist Growers, Kraft, Keebler, Guittard Chocolate Company, and a whole lot more.

The EXPO is sponsored by the Northern California Institute of Technologists (NCIFT) and offers a great experience to talk among experts in all areas of the food industry, including research and development, marketing, quality assurance, manufacturing, processing, and packaging. The EXPO allows suppliers to interact and offer their services, informative brochures, and a whole slew of free samples to attendees.

At the EXPO you also get the experience of sitting in on an informative symposium prior to the exhibit. Food scientists, biotechnologists, and other industry professionals use the forum to discuss trends in the food industry. The topic of choice at this year's symposium was none other than the hot consumer issue of "Genetically Modified Organisms," otherwise known as GMO's. Experts talked about the incredible potential of food technology, the state of GMO's, current regulations, and consumer issues concerning this technology.

While the future of GMO's is uncertain, the next annual NCIFT Suppliers' EXPO is bound to be a hit. Check it out!



Students (left to right) Fugui Liu, Sherry Adamski, and Nursina Kusnan network at Supplier's Expo.

STUDENT NUTRITION AND FOOD SCIENCE CLUB “GROWS” AND “PRODUCE” GREAT RESULTS

The Student Nutrition and Food Science Club had a very *fruitful* year. Successes included:

- ❖ Picking professional guest speakers, Doris Fredericks, RD, MS, Tisch Litchfield, RD, MS, and Paige Reddan, RD, MS to come and discuss their different nutrition career paths.
- ❖ Producing monthly newsletters with articles on nutrition topics, healthy recipes, nutrition web sites, and upcoming events.
- ❖ Sprouting knowledge with the Nutrition Education Action Team (NEAT), doing peer nutrition presentations and National Nutrition month activities.
- ❖ Harvesting and responding to nutrition education email inquiries, under the supervision of Professor Kathryn Sucher.
- ❖ Raising funds to help pay for convocation and travel scholarships to the California Dietetic Association Convention.

DIGGING DEEP FOR OUR “ROOTS”

- ❖ The department of Nutrition and Food Science traces its roots all the way back to 1911 when it began as the Household Arts Department.
- ❖ In 1923 the name was changed to the Home Economics Department.
- ❖ Dietetics split off from Home Economics in 1977 and was housed in the Division of Health Professions.
- ❖ In 1979, the Dietetics program achieved department status and was called Nutrition, Foods, and Dietetics.
- ❖ Finally, in 1982 the name of the department became Nutrition and Food Science to reflect the addition of food science as a concentration.

UPCOMING EVENTS

2000

- Sept. 19 SJSU Student Poster Session, San Jose Peninsula Dietetic Association
- Nov. 5-9 Pack Expo, Chicago, IL
- Oct. 16-19 Annual Meeting, American Dietetic Association, Denver, CO

2001

- March 23-25 Annual Meeting, California Dietetic Association, Sacramento, CA
- May 26 Circle of Friends Reception/Graduation Convocation, San Jose State University
- June 23-27 Annual Meeting, Institute of Food Technologists, Chicago, IL



Students perform lab experiments to understand the principles of food technology.

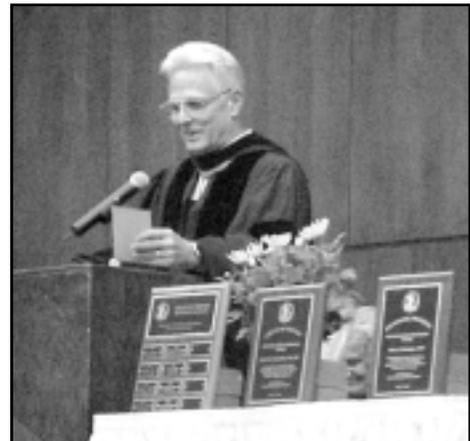


Students discuss presentations at last year's Peninsula Dietetic Association SJSU Student Poster Session.

THE JOYS OF GRADUATION CONVOCATION 2000



Ready, Set, Let's Go!



Associate Dean Paul Brown welcomes graduates, families, and friends.



Chair Lucy McProud adds her warm welcome and congratulations.



Chair Lucy McProud introduces faculty members (left to right) Joan Giampaoli, Michelle Neyman, May Wang, Jorge Marcondes, and Bruce Bush.



Caroline Fee, Director Circle of Friends, presents Distinguished Honorary Award plaque to recipient, Ann Coulston.



Jorge Marcondes reads inscription on Packaging Distinguished Award plaque to recipient, Paul Russell.



Bev Tharp (on right) leads the way, as students march up to the stage to get their diplomas.



Hip Hip Hooray! The graduates receive a standing ovation.



Oh My! Graduate Kristina Rickmond cannot believe the deed is done!



Master's student James Burke (center) congratulates his friends (left to right) Gina Hammett, Loan-Anh Nguyen, Nathan House, Heidi Holcomb, and Deborah Knight.

HEARTFELT THANKS TO THE 1999-2000 CIRCLE OF FRIENDS MEMBERS FOR THEIR GENEROSITY AND CARING

Sandra A. Akrawi
 Coorina Alcaraz-Alvarez
 Darcy Becker
 Jyothika Bhat
 Dean Biersch
 Nancy Black
 Carol M. Bogert
 Walter M. Bortz
 Stephanie Brooks
 Bonnie Wilson Bruce
 Mary Ann Bullock
 James Burke
 Flora R. Burnham
 Betty Campbell
 Robert E. Caron
 Jacci Cenci-McGrody
 Laura Chaban
 Jill Christensen
 Ann Coulston
 Gwen D'Antoni
 Narsai M. David
 Margaret A. Davis
 Helen DeMarco
 Alanna Bennam Dittoe
 Norma Jean Downes
 Julie Dutcher
 Tami J. Enderle
 John W. Farquhar
 Hamid R. Farzi
 Caroline H. Fee
 Angelica Castoro Fenolio
 Cade Fields-Gardner
 Alan Finkelstein
 Mary Lee Foley
 Four Winds Food Specialists
 Doris C. Fredericks
 Molly Freeman
 Leta Levin Frye
 Kathleen Gamez
 Gina Giambra
 Joan Giampaoli
 Barbara H.J. Gordon
 Dan Gordon
 Marcia Moore Green
 Maureen Griffen White
 Mildred Haas
 Jacquelyn Rogers Hackbart
 Jane K. Harmer
 Khabera Hartwig

Laura Hawkins
 David and Elsie Heiman
 Richard Heiman
 Mary Ellen Heising
 Frances V. Henderson
 Diane Hester
 Christine Grimm Hinrichs
 Jennifer Hoesel
 Bill F. Horn-McGinnis
 Margaret Jarvis Impink
 Nancy Jacobson
 Linda Wiebe Kasser
 Alice Susan Kawaguchi
 Stephanie Keck
 Jeanne D. Kennedy
 Sharbari Khanna
 Pamela Goyan Kittler
 Anne Kolker
 Lee Ann Langan
 Tish Litchfield
 Linda Liu
 Joseph and Lela Llorens
 Diane Madgic
 Victoria Major
 Patricia McDonald
 Janice A. Szabo McGibbon
 Carol McKenna
 Lucy McProud
 Anne K. Milliken
 Joanne Mitani
 J. Brian Mitchler
 Judi Morrill
 Jean E. Frankenberg Mulreany
 Rubi Myrick
 Vaunden Nelson
 Michelle R. Neyman
 Dale F. Olds
 Molly S. Olive
 Eva Prudhomme Orton
 Dorothy Carr Parker
 Loan T. Pham
 Melinda D. Poliarco
 Clara Porcella
 Sandy Queen
 Molly C. Rauen
 Janet R. Rausch
 Marilyn Recuperero
 Harold Redsun
 Kimberly Roth

LaPaula Sakai
 Patricia Schaaf
 Judith Morrison Schallberger
 Heidi Shoemaker
 Valerie Simler
 Phyllis Forward Simpkins
 Elveda Smith
 Caroline Spinali
 Betty Wattles Starr
 David L. Stone
 Donna Friebel Storz
 Sharon Meuth Studdert
 Kathryn Sucher
 Mary Ann Sullivan
 Alice Morris Swanson
 Jean Crandall Theisen
 Ellen Benson Thompson
 Rose Tseng
 Kim Moeller Vagt
 Gretchen Vannice
 Sarah Viaggi
 Janice Wai
 May-Choo Wang
 Holly E. Weber
 Philip R. Wentz
 Marianne M. Wilcox
 Martha J. Wilson
 Carol Whiteley Wolf
 Diana Weissman Wright
 Lori Y. Shigemura Yamaguchi
 Martin Yan
 Christie Zucca



Thank You



San José State
UNIVERSITY

San Jose State University Department of Nutrition and Food Science

CIRCLE OF FRIENDS

One Washington Square, San Jose, CA 95192-0058 (408) 924-3100

What is it? A coalition of Alumni, Students, Faculty, and Friends who have joined together to provide on-going private support to preserve the Department's dedication and commitment to excellence.

Why the Need? "Shrinking" state budget for higher education make this support crucial to continue to offer the highest quality education and training to our students. Private funding is now critical to safeguard course offerings, laboratory supplies, computer labs, equipment, and scholarships. SJSU can no longer be considered as state supported but state assisted.

Circle of Friends Goals:
 To reestablish Alumni relationships with the Department
 To encourage Student participation
 To promote Alumni - Student - Faculty synergy
 To involve Community Partners
 To facilitate networking
 To celebrate SJSU Department of Nutrition and Food Science comradeship
 To invest in and build a **LEGACY FOR THE FUTURE**

Benefits of Membership:
 Networking with Alumni - Faculty - Students - Community Partners in cooperative ventures/ endeavors and in seeking and filling positions
 Member Reception
 Membership Recognition: NuFS Newsletter/SJSU Contributors to Excellence
 Membership Directory

Check here if you DO NOT wish your name to be included in the Directory

2000 - 2001 MEMBERSHIP / RENEWAL APPLICATION

Directory info: (please enter *only* changes since last directory edition)

Name: _____

(*Alums: Name(s) while at SJSU): _____

College/University(s): _____

(circle degree)

BS/BA yr: _____ Deg./Emphasis _____

MS/MA yr: _____ Deg./Emphasis _____

Ph.D/Other yr: _____ Deg./Emphasis _____

Home Address: _____

City State Zip

Phone: () _____

Email: _____

Employer: _____

Title/Position: _____

Address: _____

Phone: () _____

Email: _____

Area of Expertise: _____

CIRCLE OF FRIENDS GIVING LEVELS

(Please indicate the level of your gift)

<i>Current Students</i>	\$10 - \$24	_____
<i>Supporter Circle</i>	\$25 - \$99	_____
<i>Golden Circle</i>	\$100 - \$499	_____
<i>Dean's Circle</i>	\$500 - \$999	_____
<i>President's Circle</i>	\$1000 -	_____

All gifts go directly to the Department and are fully tax deductible.

Please make checks to:

NUFS, CIRCLE OF FRIENDS, SJSU

PLEASE RETURN APPLICATION BY October 15 TO BE INCLUDED IN THE MEMBERSHIP DIRECTORY

*We'd like to hear from you! Please attach a separate sheet with your news.

