

Building on a 75-Year Legacy to Position Occupational Therapy for Success

75th Anniversary Keynote Address
Department of Occupational Therapy
College of Health & Human Sciences
San José State University

October 5, 2018

Shawn Phipps, PhD, MS, OTR/L, FAOTA

Chief Quality Officer

Associate Hospital Administrator

Board of Directors, Institutional Review Board, and Principle Investigator

Rancho Research Institute

Rancho Los Amigos National Rehabilitation Center

Past Vice President & Board Director (2012 – 2018)

California Representative #1 to the AOTA Representative Assembly

Section Editor, *Occupational Therapy Manager*, AOTA Press

American Occupational Therapy Association

Past President (2008 – 2012)

Occupational Therapy Association of California



RANCHO LOS AMIGOS
NATIONAL REHABILITATION CENTER



SJSU OT 50th Anniversary



At the celebration luncheon. From left to right, Chair, Lela Llorens; Claudia Allen; Dean Rose Tseng; Sue Robertson; Fred Sammons; Celebration CO-chairs, Lorraine Pedretti, Amy Killingsworth.

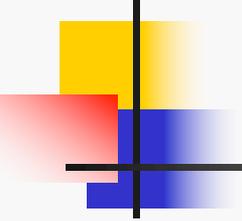


Co-chair Lorraine Pedretti presents History of the Department of Occupational Therapy from 1943-1993* at the 50th anniversary celebration luncheon.

SJSU OT History

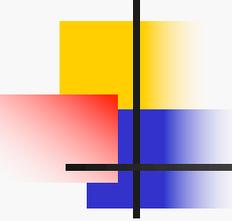
- **1942** – Susan Richards, an occupational therapist at Children’s Hospital in Oakland, was asked by the head of the Art Department at San Jose State College to teach a course in Occupational Therapy
- **Art 7: Occupational Therapy Theory** was described as “an introductory survey of Occupational Therapy: History, Theory, and Practical Applications” (Undergraduate Bulletin, 1943)





SJSU OT History

- **1943** - Susan Richards eventually left her clinical position at Children's Hospital of Oakland to head the inaugural SJSU OT department in 1943 in the middle years of World War II when there was an urgency to start occupational therapy programs, whose graduates could contribute to the rehabilitation of soldiers returning with war injuries.



SJSU OT History

- During that first year, Ms. Richards started the senior laboratory courses which involved patient treatment. This departure from a standard college teaching format apparently resulted in some administrative difficulties with the Art Department.
- In the Fall 1944, the Occupational Therapy program was placed in the Natural Science Department. It moved from the comfortable, warm and colorful quarters on the second floor of the Art Building to a gloomy, cold, basement room in the Old Science Building.

SJSU OT History

- Mary Booth was appointed Assistant Professor in charge of the Occupational Therapy Program in 1944 and was appointed Director in 1948.



SJSU OT History

- By 1952, enrollments had increased to 193 students, making it the second largest occupational therapy program in the country and eventually the largest international program in 1957.

O.T. Registration Grows; Now Largest in World

By CECILIA HANNAY
The Occupational Therapy Department is one of SJSU's newest additions, having begun in the winter quarter of 1942. The first students were admitted to the Occupational Therapy Course under the direction of Mrs. Joseph R. Richards, B.S., O.T.R. In less than a year, on June 21, 1943, the course was fully accredited by the Council on Student Education of the American Medical Association.

Originally the department offered three different programs: a certificate course open to public graduates, a diploma course open to high school graduates, and a diploma course open to persons with one year of college work plus experience in an allied field. Both the diploma course and the certificate course have now been discontinued.

Today, the SJSU Occupational Therapy Department has the largest registration in the world. Students receive A.S. degrees and occupational clinical certificates during the same months they receive credit reported on the job-training in four or five clinical situations. After completing this intensive students are eligible to take an examination for the registry of occupational therapists.

Miss Mary D. Booth, a graduate of Wellesley College, heads the department. Immediately after earning her A.S. degree in English Literature, she began work on her occupational therapy degree at Milwaukee-Kean College. Miss Booth was first employed by the State of Wisconsin General Hospital, where a large portion of her work was in orthopedics. Her next position was in Orange, N.C., with the Stone Spring Convalescent Hospital after which she returned to her first place of employment as assistant director.

HEALTH DEPARTMENT
In 1941 she came to SJSU and

assisted Mrs. Richards in directing Occupational Therapy.

Headed by Dr. T. D. ... when the course attained international status she was named department head.

The Occupational Therapy Department is in the Division of Natural Science and its policies are determined by the Occupational Therapy Committee under the chairmanship of Dr. F. V. Peterson, chairman of the Department of Natural Science and dean of professional studies.

The department utilizes the help of other departments and has its curriculum on a broad basis in Natural Science, Social Science and Psychology. Occupational Therapy majors must have courses in design and composition, occupational working, printing and bookbinding from the Art Department; bookkeeping, printing and bookbinding from the Laborated Area Department; and courses in anatomy, logic, and labor service from the Home Economics Department.

VARIETY OF COURSES
The Department of Physical Education gives its special course in social occupations which includes

work in the Veterans Administration Hospital in Palo Alto so that students may have practical experience in recreational planning and leadership. Courses in phonography, gardening, nature study, and cosmetics are given in the Natural Science Department. In addition, students have an opportunity to earn course in Leadership, education, dentistry, and social development.

Medical information is given to students through the instruction of outstanding medical specialists in the city who lecture to occupational therapy students on campus. All the required courses on the theory of occupational therapy are given within the department itself by its staff.

PRACTICAL EXPERIENCE
One unique aspect of training given at SJSU is a professional practice program for seniors. They have had their first occupational work under close supervision in either high schools has previously been provided by a doctor. This gives them practical experience and helps into community problems.

Some of the students are assigned to work in a school for retarded children in Fresno, Calif. for their fifth year of college from which they are conducted by Mrs. Richards who is the first director of SJSU Occupational Therapy Course. It is a model school in a rural setting and is reported to be one of the best in the United States. There are Character Study students have a very excellent opportunity to work with children away from the campus and strains of city life.

About fifty graduates of SJSU have earned their masters degrees and one, Edith Gutwiler, is now studying for her Ph.D. at Columbia University as a scholarship from the National Foundation for Research Paralysis.



MARY D. BOOTH

SJSU OT History

- The first MS degree in occupational therapy from SJSU was awarded in August 1961 to Barbara Pickett



Dian Fossey, OTR

- Dian Fossey, Occupational Therapist & Anthropologist
- Undertook an extensive study of gorilla groups over a period of 18 years. She studied them daily in the mountain forests of Rwanda, initially encouraged to work there by the famous anthropologist, Louis Leakey



At Kosair hospital, occupational therapist Miss Dian Fossey helps the young patients develop their muscles and learn co-ordination through games and crafts. Her patient here is Delores Sue Henric, 4 months.

Dian Fossey, OTR

- Education: San José State University Occupational Therapy (1954)
- Assassinated: December 26, 1985, Volcanoes National Park in Rwanda
- Gorillas in the Mist (1988)



At Kosair hospital, occupational therapist Miss Dian Fossey helps the young patients develop their muscles and learn co-ordination through

SJSU OT Moving Forward

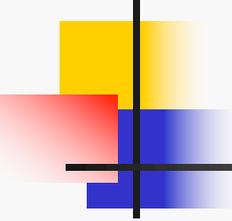
- Dr. Lela Llorens was appointed Chair of the Occupational Therapy Department in 1983 and would serve as Chair until 1995.



SJSU OT Historical Accomplishments

- Ranked #2 Occupational Therapy Program in California by the *US News & World Report*
- Ranked #1 public Occupational Therapy program in the West by the *US News & World Report*

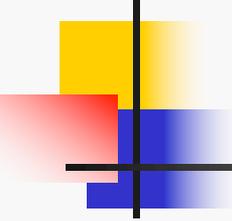




SJSU OT Historical Accomplishments

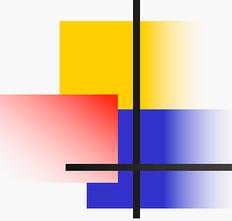
- **1999** - Anne MacRae, PhD, OTR/L, FAOTA developed the 1st accredited post-professional online Master's degree program in Occupational Therapy
- Eleanor Clarke Slagle Lecturers: Dr. Lela Llorens, Claudia Allen, & Dr. Kay Barker Schwartz
- *Pedretti's Occupational Therapy for Physical Dysfunction*
Initially edited by Lorraine Pedretti & now edited by Dr. Heidi Pendleton and Dr. Winifred Schultz-Krohn
(Now in its 8th edition)
- *Psychosocial Occupational Therapy: An Evolving Practice*
Edited by Dr. Elizabeth Cara & Dr. Anne MacRae (Now in its 3rd edition)

SJSU OT Historical Accomplishments



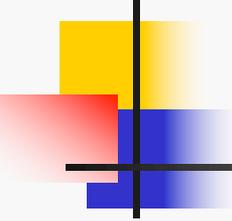
- Texts with contributions from SJSU faculty: *Occupational Therapy with Children, Occupational Therapy Without Borders, Willard and Spackman's Occupational Therapy, & Assessments in Occupational Therapy, Best Practices for Occupational Therapy in Schools*
- Several publications in peer reviewed publications such as the *American Journal of Occupational Therapy, Occupational Therapy Journal of Research, Journal of Physical Therapy, Journal of Occupational Science, Physical Therapy & Occupational Therapy in Pediatrics, Occupational Therapy in Health Care, Psychiatric Rehabilitation, Occupational Therapy International, British Journal of Occupational Therapy , & Occupational Therapy in Mental Health*

SJSU OT Historical Accomplishments



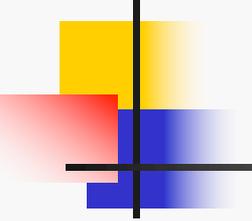
- Fellows of the American Occupational Therapy Association (FAOTA): Dr. Lela Llorens, Karen Diasio Serrett, Dr. Kay Barker Schwartz, Dr. Winifred Schultz-Krohn, Dr. Heidi Pendleton, Dr. Deborah Bolding, Dr. Pamela Richardson, Dr. Anne MacRae, Dr. Marti Southam, Dr. Gigi Smith, & Dr. Shawn Phipps
- Fulbright Scholar: Anne MacRae, PhD, OTR/L, FAOTA - University of Malta
Transformed an OT diploma program to an OT degree program
- SJSU Teacher-Scholar Award: Dr. Heidi Pendleton, Dr. Anne MacRae, Dr. Elizabeth Cara, & Dr. Winifred Schultz-Krohn
- SJSU Outstanding Professor Award: Dr. Winifred Schultz-Krohn
- NBCOT Board of Directors: Dr. Pamela Richardson
- *AJOT* Editorial Board: Dr. Lynne Andonian, Dr. Winifred Schultz-Krohn, & Dr. Megan Chang

SJSU OT Historical Accomplishments



- AOTA Representative Assembly: Dr. Heidi Pendleton & Dr. Shawn Phipps
- AOTA Board of Directors: Dr. Shawn Phipps
- AOTA Past Vice President: Dr. Shawn Phipps
- AOTA Past Chair of the Commission on Competence and Professional Development: Dr. Winifred Schultz-Krohn
- AOTA Chair of Bylaws, Policies and Procedures: Dr. Winifred Schultz-Krohn
- ACOTE Accreditation Board: Dr. Deborah Bolding

SJSU OT Historical Accomplishments



- Other editorial boards – *Occupational Therapy Journal of Research, Occupational Therapy in Education and Early Intervention, Occupational Therapy International, Canadian Journal of Occupational Therapy, South African Journal of Occupational Therapy*
- International consultations and teaching in Malta, South Africa, Philippines, & Taiwan
- Several international presentations for the World Federation of Occupational Therapists (WFOT)

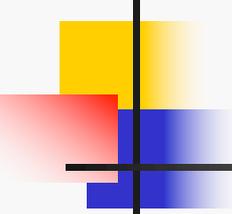
SJSU Alum

OTAC Presidents

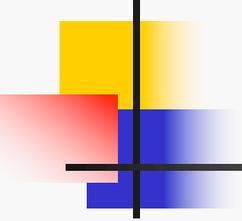


- Dorris Cutting (1978 – 1980)
- Ardith Bretin (1988 – 1990)
- Janet Jabri (1990 – 1992)
- Richard Bookwalter (2006 – 2008)
- Shawn Phipps (2008 – 2012)

SJSU OT Historical Accomplishments



- Occupational Therapy Association of California: Dr. Gigi Smith is currently the Secretary of the OTAC Board of Directors, and past Co-Chair of the Government Affairs Committee
- Past OTAC Political Action Committee Chair: Dr. Winifred Schultz-Krohn
- California Foundation for Occupational Therapy Honored Lecturers: Dr. Heidi Pendleton, Dr. Marti Southam, Dr. Kay Schwartz, Dr. Pam Richardson, Dr. Winifred Schultz-Krohn Dr. Deborah Bolding & Dr. Gigi Smith



SJSU OT Historical Accomplishments

- Dr. Louie Arabit – Past OTAC Vice President & AOTPAC Region 5 Director
- Britteny Weinerth – OTAC Region 3 Director
- Allison George – OTAC Student Leadership Chair

What a Fabulous SJSU OT Faculty!



The Future of Occupational Therapy

VISION 2025





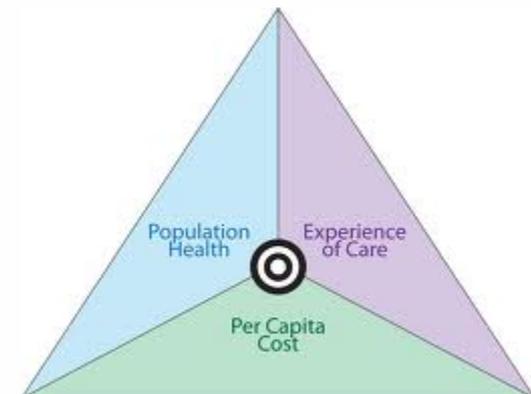
We envision that occupational therapy is a powerful, widely recognized, science-driven, and evidence-based profession with a globally connected and diverse workforce meeting society's occupational needs.



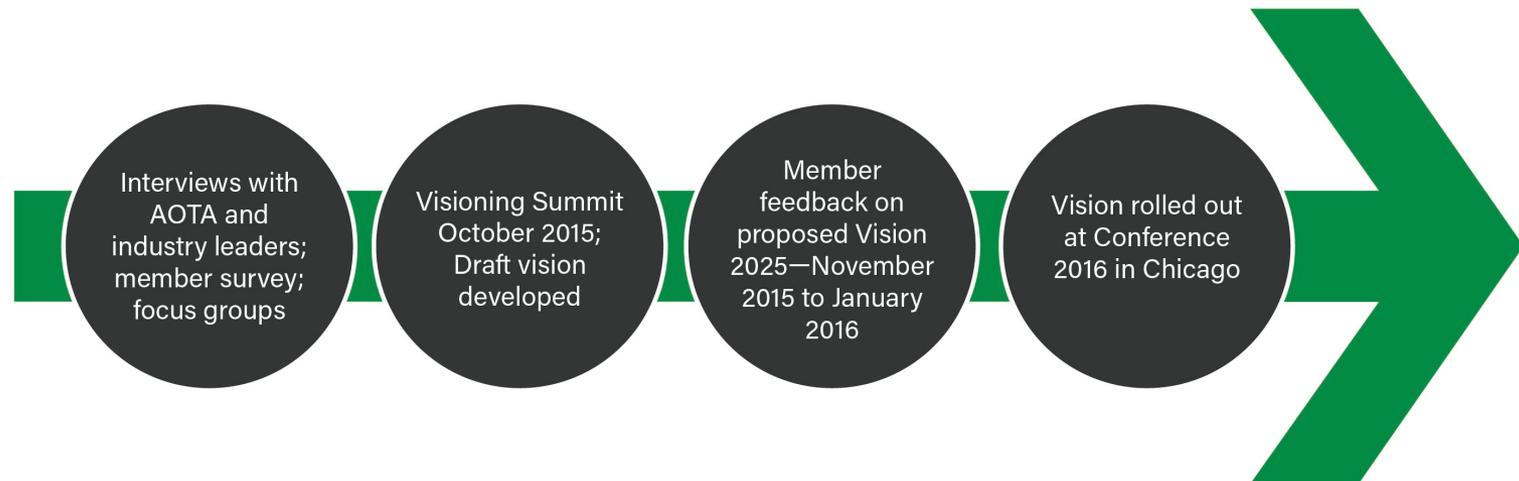
Institute for Healthcare Improvement (IHI)

Triple Aim

- Improve the quality of patient care
- Improve the patient's experience
- Improve cost effectiveness



Visioning Process



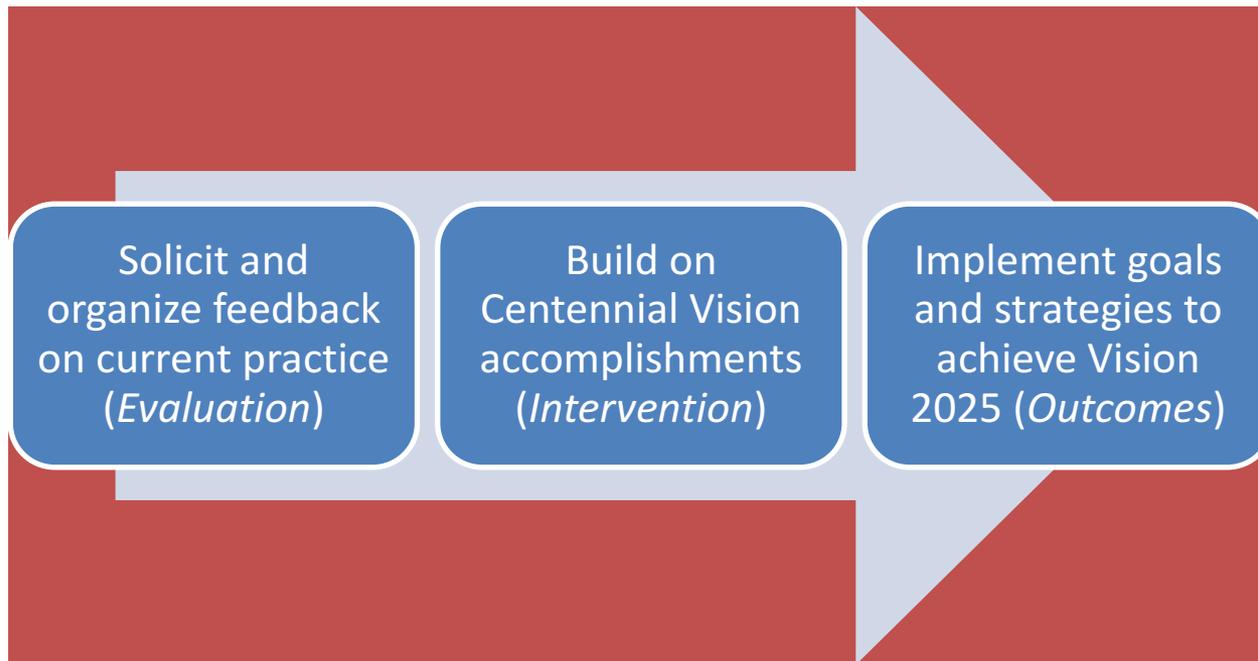
Vision 2025

VISION 2025

Occupational therapy maximizes health, well-being, and quality of life for all people, populations, and communities through effective solutions to facilitate participation in everyday living.



Transitioning to Vision 2025



Vision 2025 Pillars



Vision 2025

Effectiveness

Why is **effectiveness** foundational to our future?

- A profession cannot survive without objective evidence that it works.
- All systems and payers are focused on high quality and cost-effective outcomes.

Vision 2025

Effectiveness

Challenges

- Apply what the evidence supports in a client-centered, occupation-based, and cost-effective manner within the constraints of real-life clinical situations.
- Convince supervisors and peers to practice and document in new ways.
 - Occupational profile

Vision 2025

Effectiveness

AOTA Priorities

- Create research opportunities in collaboration with the American Occupational Therapy Foundation
- Assist students, practitioners, educators, and researchers effectively apply research to practice through knowledge translation
- Introduce federal and state bills and new regulations supportive of best practice with optimum utilization of occupational therapy, consistent with AOTA standards and policies.

Vision 2025

Effectiveness

What are some key initiatives you plan to ensure that your OT practice is occupation-based, client-centered, and cost-effective?

Vision 2025

Leadership

Why is **leadership** foundational to our future?

- We need to create our own future; if we don't define who we are and what we can do, others will do this for us.

Vision 2025

Leadership

Challenges

- Individual practitioners may not consider themselves leaders, especially if that role is not reflected in their title.
- Some practitioners equate leadership with promoting themselves or their ideas over others, which they aren't comfortable doing.
- Leadership opportunities are not always apparent.

Vision 2025

Leadership

AOTA Priorities

- Advance leadership skills and competencies of practitioners, educators and scientists.
- Provide the tools to help all practitioners realize their own leadership style and potential, so they can be change agents to foster excellence in practice.
- Explore expanding the scalability of the Emerging Leaders Development Program and the Middle Managers program to reach more members.

Vision 2025

Leadership

2

Leaders

Occupational therapy is influential in changing health policy, environments and complex systems



National Center for Medical Rehabilitation Research



Leadership

What are some key initiatives you plan to put forward to serve as a leader in your practice and the profession?

Vision 2025

Collaboration

Why is **collaboration** foundational to our future?

- Team-based interventions are a critical component of better outcomes and more cost-effective treatment
- Working with clients and within systems is already a defining strength of occupational therapy

Vision 2025

Collaboration

Challenges

- The distinct value of occupational therapy may not be fully understood.
- Occupational therapy is not always at the table when policy and health care decisions are being made.

Vision 2025

Collaboration

AOTA Priorities

- Promote the Distinct Value resources to help students and practitioners articulate their scope of practice to interprofessional team members
- Help occupational therapy leaders get onto key legislative and regulatory committees
- Provide practitioners with the tools to develop quality measures that demonstrate occupational therapy's distinct value to effective outcomes
- Focus advocacy activities around promoting the value of occupational therapy to ensure inclusion in policies and systems

Vision 2025

Collaboration

What are some key initiatives you plan to put forward in your future area of practice to ensure collaboration while demonstrating the distinct value of occupational therapy?

Vision 2025

Accessibility

Why is **accessibility** foundational to our future?

- We need to be accessible and affordable to members of all populations who would benefit from our services.
- To be client centered, we must be culturally responsive to changing populations.

Vision 2025

Accessibility

Challenges

- The changing health care system could restrict payment for OT and other health care services.
- Although improving, our workforce does not reflect the diversity of the people we serve.

Vision 2025

Accessibility

AOTA Priorities

- Develop relationships with key members of Congress, regulatory agencies, state officials, and payers to help get favorable legislation adopted that supports access to high quality occupational therapy services
- Provide professional development that includes delivering culturally responsive services to diverse populations
- Expand opportunities for underrepresented populations of practitioners to engage with the Association and increase their visibility in the profession

Vision 2025

Accessibility

What are some key initiatives you plan to put forward in your area of practice to ensure accessibility, cultural competence, and the promotion of diversity in the profession?

Vision 2025

Maximizes Health, Well-Being, and Quality of Life



“What Carly has done, using the tools of occupational therapy, to ensure that I don’t get exhausted, has improved my quality of life. And when that happens, you’re a happier person.”
— Elaine, living with chronic obstructive pulmonary disorder (COPD)

Maximizes Health, Well-Being, and

Take Action

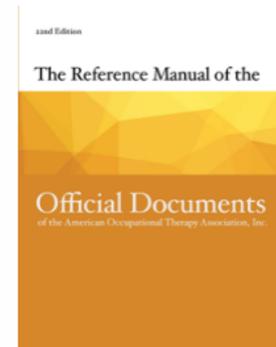
- Advocate for legislation that supports consumer access to OT in all settings (e.g., home health, mental health).
- Work with physicians in primary care to holistically address patient barriers to health (e.g., medication management, home modifications).
- Demonstrate how OT improves your clients' health, well-being, and quality of life.

Maximizes Health, Well-Being, & Quality of Life

Sample AOTA Resources

The American Occupational Therapy Association

Frequently Asked Questions (FAQ):



Fact Sheet

For All People, Populations, and Communities



“It reeducated me, and helping me learn to function was the best thing about OT for me.”

— *Marshall, former halfway house resident, current employee*

For all People, Populations, and Communities

Take Action

- Strive toward the Triple Aim: improved patient quality and satisfaction, improved population health, and reduced per-capita costs of care.
- Address emerging societal needs: anti-bullying, refugee resettlement, women's health, homelessness, prevention.
- Encourage growing diversity in the profession and practice cultural sensitivity.

For all People, Populations, and Communities

Sample Resources

Multicultural Networking Groups

[Cultural Competency Tool Kits](#)



**Occupational Therapy: Cost-Effective
Solutions for a Changing Health System**

Population Health

[Home](#) » [AOTA Member Forums](#) » [Population Health](#)

**Occupational Therapy's
Distinct Value**

Through Effective Solutions



“OT got me to the point where I could be independent, drive myself, be in my own wheelchair, get up and down the hills, and use prosthetic legs. It was full speed ahead.” —*Brandon, Wounded Warrior*

Through Effective Solutions

Take Action

- Share evidence that OT improves function and reduces costs.
- Use the new CPT® codes to highlight OT outcomes.
- Use the Occupational Profile Template to improve documentation.
- Refer to AOTA's Evidence-Based Practice resources for examples of how evidence applies to practice.

Through Effective Solutions

Sample Resources

New OT Evaluation Codes: Educational Resources for CPT® Codes

Health Policy
Researchers Find
Occupational Therapy
is Only Spending
Category That Reduces
Hospital Readmissions



Occupational
Therapy Can
Help Reduce
Nursing Home
Admissions



E*

**AOTA's Evidence-Based
Practice Resources**

Using Evidence To Inform Occupational Therapy Practice

AOTA OCCUPATIONAL PROFILE TEMPLATE

That Facilitate Participation in Everyday Living



“I said, ‘oh no, I’ll do whatever I have to do to get the feeling back in my hand so I can brush my teeth, comb my hair, wash my hair, to get myself back on the tennis court.’”
—*Cynthia, recovering from hand surgery*

That Facilitate Participation in Everyday Living

Take Action

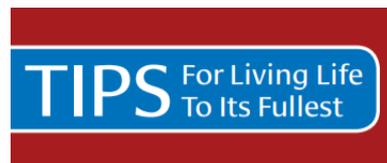
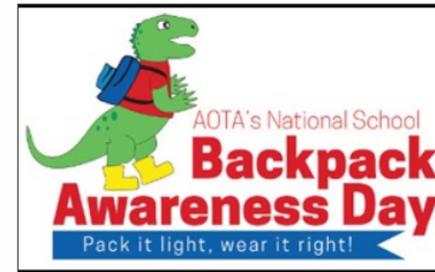
- Provide transition programs, education, and supports to help clients succeed.
- Consider falls prevention, community mobility, etc. for all clients.
- Practice holistically to address physical, cognitive, and environmental barriers.

That Facilitate Participation in Everyday Living

Sample Resources

How To Use
AOTA's Mental Health Information Sheets

Childhood Occupations Toolkit



Next Steps



How will you use these ideas to help make Vision 2025 a reality?

Building on a 75-Year Legacy to Position Occupational Therapy for Success

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