

Elements of a Productive Study

Space

Finding a Study Space

It is important to find the space where you can focus and not be distracted. The study space should allow you to be comfortable and unbothered by your surroundings. (e.g., a library)

Away from Distractions

To maintain ultimate focus one might want to remove any type of distractions. This could be removing anything that does not pertain to your studying. Things like hiding your phone and deleting unnecessary browser/tabs.

Materials

Make sure to have all materials beforehand .to avoid wasting time looking for things. This could mean having all your required books, papers,chargers, writing utensils etc

We Teach Skills... Connect to Success

Health Matters

You can only be at your best when you are well rested and have eaten. You should always consider taking breaks if you are ever feeling fatigued, while also making sure you are not studying on an empty stomach. Keeping things like a snack in handy could help prevent these problems.

Managing your Time

You are not going to be able to study everything in one session. So it may be best to either plan out what you are going to be studying during a certain day or even plan ahead of the week to make sure you are studying the important or missed topics.

Technology

It is recommended to have everything updated beforehand and to make sure the wifi is running at a proper speed. To prevent any delay due to technology, you may want to check if the device is in need for an update and also testing your internet speed online.