

## Health Professions Minor Form (Effective Fall 2018)

Department of Health Science & Recreation

College of Health and Human Sciences

Name: \_\_\_\_\_  
 ID: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Major: \_\_\_\_\_  
 Catalog Year: \_\_\_\_\_  
 Expected Graduation: \_\_\_\_\_

**Checklist:**  
 Select the four areas of completed coursework:  
 Gerontology  
 Health Science/Public Health  
 Recreation  
 Nutrition, Food Science & Packaging  
 Kinesiology  
 Other Health Profession

Required Course (3 units)	Sem/Yr	Units	Grade	Substition/Note
HS 135: Health Issues in a Multicultural Society		3		

**Upper Division Health Professions Electives (12 units)**

Note: Please complete courses from four areas listed above. SJSU Studies courses may double count for the Minor. All courses must be distinct between the Minor and Major.

Area (e.g. Gerontology)	Course	Sem/Yr	Units	Grade	Substition/Note
Total Units					

Gerontology Electives

- GERO 108. Health in Later Life
- GERO 111. Medical Ethics
- GERO 117. Social Policy and Services in Aging
- GERO 127. Aging and Mental Health
- GERO 137. Families, Aging, and Diversity

Health Science / Public Health Electives

- HS 025. Health Team Building
- HS 161. Epidemiology
- HS 162. Health Care Organization and Administration

Recreation Electives

- RECL 110. Leisure, Life and Contemporary Society
- RECL 112. Foundations of Recreation Therapy
- RECL 185. Leisure, Recreation and Aging
- RECL 198. Rec Therapy Assessment and Documentation

Nutrition, Food Science & Packaging Electives

- NUFS 008. Nutrition for the Health Professions
- NUFS 009. Introduction to Human Nutrition
- NUFS 106A. Human Nutrition in the Life Span
- NUFS 116. Aging and Nutrition

Kinesiology Electives

- KIN 069. Stress Management: A Multidisciplinary Perspective
- KIN 155. Exercise Physiology
- KIN 156. Introduction to Adapted Physical Activity
- KIN 169. Diversity, Stress and Health
- KIN 188. Prevention and Care of Athletic Injuries

Other Health Professions Electives

- NURS 180. Individual Studies
- HPRF 134. Complementary and Alternative Health Practices
- Other courses in consultation with department

Notes:

Public Health Advisor:  
 Health Science & Recreation Chair:

Date:  
 Date: