

**Professional Development Plan
MS Clinical Program
San Jose State University**

Name: _____ date: _____

The goal of the Professional Development Plan is to set realistic goals and desired outcomes for yourself as they apply to your training in graduate school and beyond. It can be useful to try to be as specific as you can with respect to the outcomes you hope to achieve as well as the barriers you anticipate you may face.

For each of the following areas, write down your goals and the barriers you might face as you move forward. The plan may be developed with faculty or you may have specific ideas about how to achieve your goals and outcomes.

These will be discussed in the first year at your annual review and each semester in your Consultation Team.

Academic and Intellectual Development/Case Conceptualization/Theoretical Framework

Goals:

Barriers:

Plan:

Professionalism/Ethical Decision Making

Goals:

Barriers:

Plan:

Interpersonal Engagement in a Professional Context

Goals:

Barriers:

Plan:

Personal Development/Relationships/Balancing Work and Pleasure

Goals:

Barriers:

Plan:

Professional Goals for Future

Goals:

Barriers:

Plan: