

## The Alan E. Kazdin Endowed Lecture in Psychology

# Harnessing Psychology and Technology to Reduce Suffering Worldwide

### Ricardo F. Muñoz, Ph.D.

Ricardo F. Muñoz immigrated from Perú to the Mission District (the Latino barrio) in San Francisco in 1961, at age 10. He did his undergraduate work at Stanford and obtained his Ph.D. in Clinical Psychology at the University of Oregon. He is currently Professor of Psychology, Emeritus at the School of Medicine of the University of California, San Francisco, and Distinguished Professor Emeritus at Palo Alto University. He is also Adjunct Clinical Professor at Stanford University's Department of Psychiatry and Behavioral Sciences, and a member of the affiliated faculty in the Department of Psychology, University of California, Berkeley.



Dr. Muñoz has been a leader in research into the prevention of depression. His team developed El Curso Mamás y Bebés/The Mothers and Babies Course to prevent postpartum depression. He is the founding director of Palo Alto University's Institute for International Internet Interventions for Health (i4Health).

Dr. Muñoz has served on three U.S. National Academy of Sciences, Engineering, and Medicine Consensus Committees on prevention of mental disorders. He is fellow of the American Psychological Association, the Association for Psychological Science, and was inducted as Fellow of the American Association for the Advancement of Science "for distinguished contributions towards the prevention of major depression and the development of Internet interventions to improve mental health worldwide."

**March 26, 2024**

**Student Union Theater**

**3:00 - 5:00 p.m.**

**FREE**

This annual lecture is supported by a generous endowment from Alan E. Kazdin, PhD in grateful acknowledgment of the impact that the faculty in Psychology has had on his career and no doubt on the careers of many others. Kazdin is Sterling Professor of Psychology and Child Psychiatry at Yale University and an alumnus of the SJSU Psychology Department (1967).

Each year we invite a distinguished and influential speaker to inspire a new generation of psychologists and shape the future of our field and our society.