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SPORT CONVERSATIONS FOR CHANGE

INSTITUTE FOR THE STUDY OF SPORT SOCIETY AND SOCIAL CHANGE

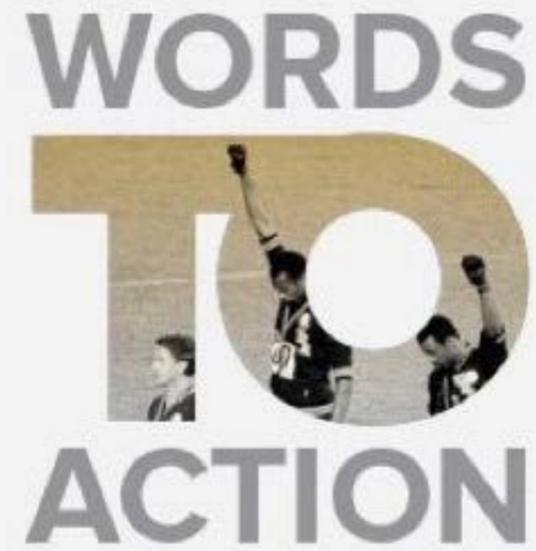
SAN JOSÉ STATE UNIVERSITY – SAN JOSÉ, CALIFORNIA

JUNE 4, 2020

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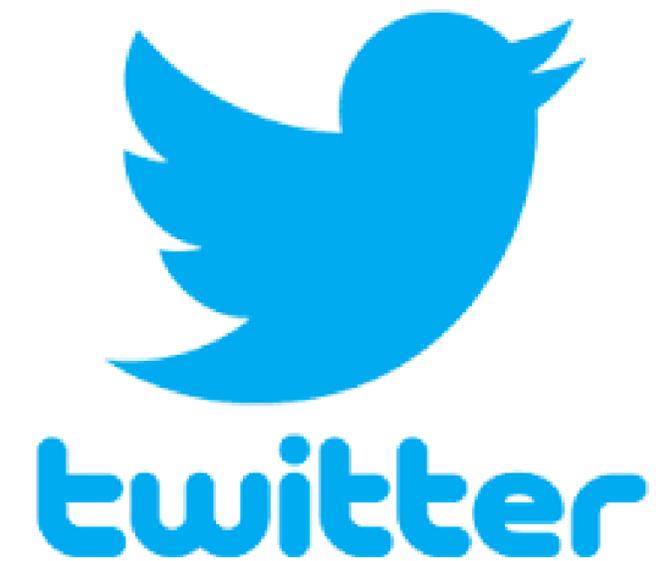
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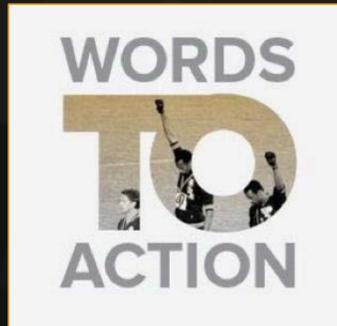


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San José State University's Institute for the Study of Sport, Society and Social change



- In January 2017, SJSU launched the Institute for the Study of Sport, Society and Social Change.
- San Jose State occupies a unique niche in the history of sport and social change—because of its people. The university is the birthplace of the Olympic Project for Human Rights (OPHR), a movement led by Harry Edwards that culminated in the iconic protest of Olympic medalists Tommie Smith and John Carlos.
- The legacy of equity and social justice is a part of SJSU's DNA. The university was founded on education for all and providing a voice for those who may otherwise remain silent. The ISSSSC honors this legacy and continues the dialogue about athlete activism and the influence of sport in effecting positive social change.
- As our nation confronts and explores deeply complex social issues, it is critical that we continue to challenge the boundaries of sport and activism. Sport offers the occasion to pose big questions, not just of athletes, but also of ourselves and provide enlightened perspectives.

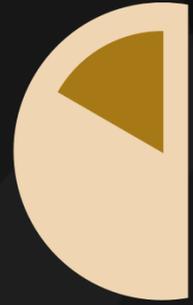
The Institute for the Study of Sport, Society and Social Change is dedicated to research, analysis and education at the intersection of sport and society.



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Classroom and Beyond: Sport Education, Graduate School and Internships

Topics of Conversation



Graduate School

Next level:

- Bachelors
- Masters



Internships & Experience

Pros & Cons
Externships
Volunteering
Other Beneficial
Experiences



Beyond the Classroom

Sport and
Social Change
Continuing
Education and
Networks

Classroom and Beyond: Sport Education, Graduate School, & Internships



Dr. Akilah Carter-Francique, Moderator

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Dr. Courtney L. Flowers, Panelist**

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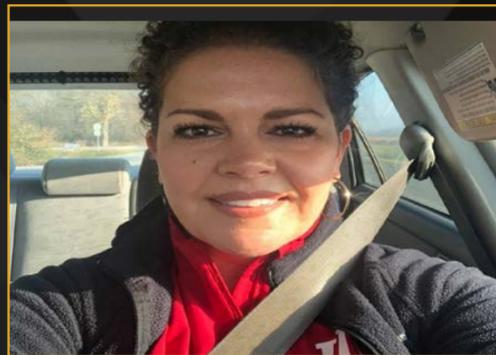
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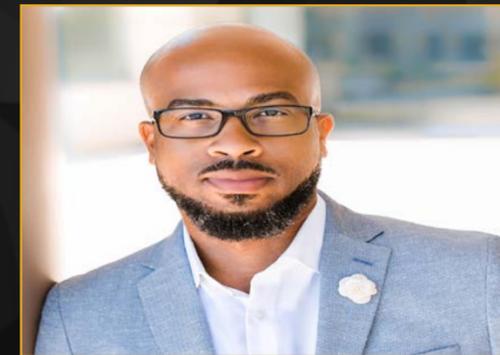
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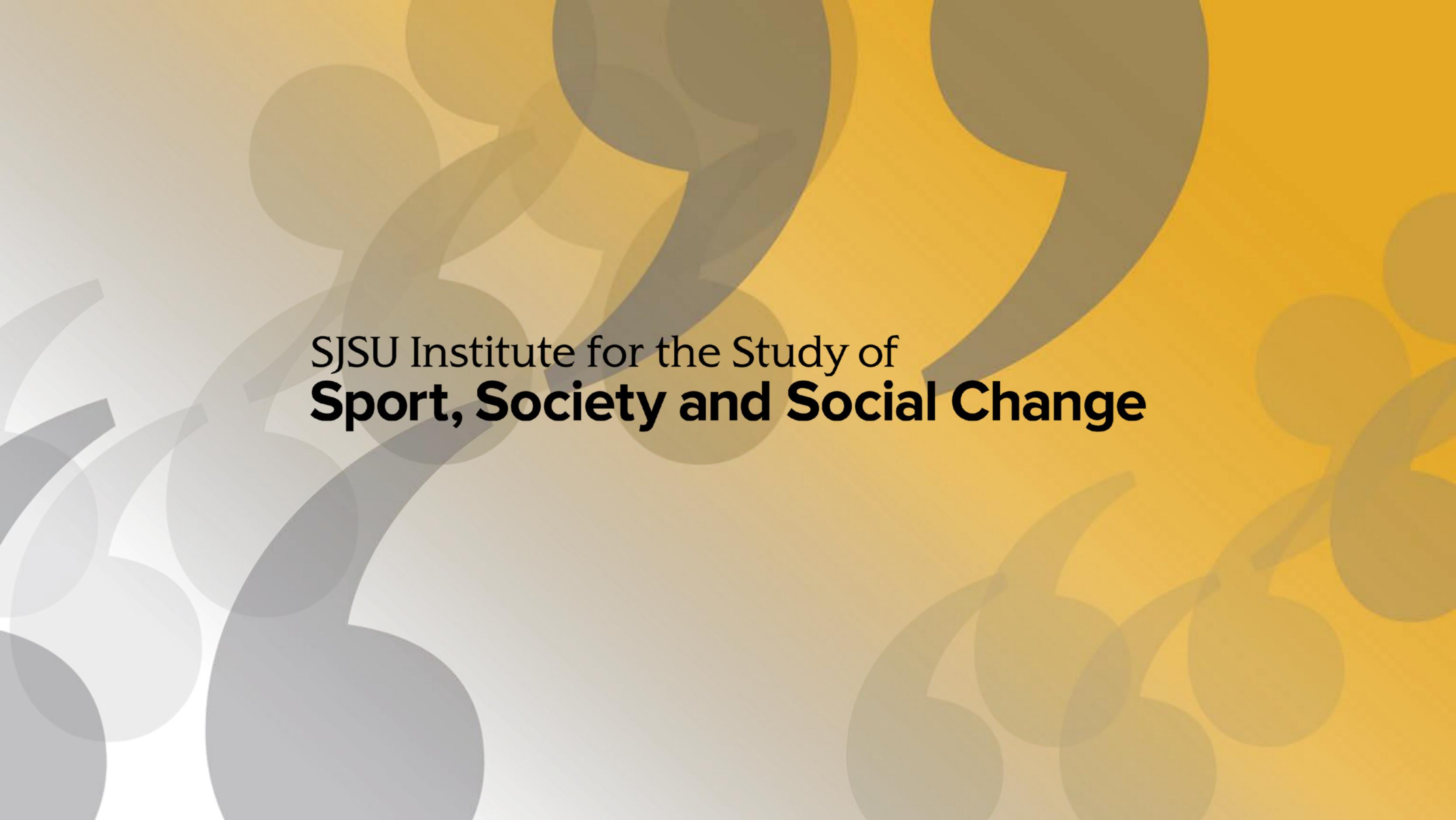
Marc Spears, Panelist**

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Dr. Stephany Coakley, Panelist

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The background features a circular arrangement of stylized human figures in various shades of gray and yellow, set against a gradient background that transitions from light gray on the left to bright yellow on the right. The figures are simplified, showing heads, arms, and legs, and are positioned as if holding hands or standing in a circle.

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Laureus Foundation - USA

Sport for Development

Pharlone Toussaint, Atlanta Program Officer
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<https://vimeo.com/392808838>

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A soccer player in a white jersey and yellow shorts is running on a green field. The background shows a large stadium with a metal roof structure. Other players and spectators are visible in the distance.

Sport has the power to change the world.
It has the power to inspire.
It has the power to unite people in a way that little else does.
It speaks to youth in a language they understand.
Sport can create hope where once there was only despair.

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SPORT SOCIAL WORK FACT SHEET

What is Sport Social Work?

- Sport Social Work focuses on the unique individual and environmental needs of athletes and promotes social justice and social change across sports.

What is the role of a Sport Social Worker in College Sports?

- Provide clinical services and performance enhancing services to student-athletes. Sport Social Workers are equipped to address depression, anxiety, bipolar, substance abuse, and eating disorders as well as a litany of other mental health challenges that can be exacerbated by sports.
- Offer program development services to athletic departments in areas such as sports performance, transitions, career development, substance use, post traumatic growth and other programs for student-athlete groups.
- Participate in multi-disciplinary behavioral teams that include athletic trainers, sports psychologists, and team physicians to promote the health and well-being of student-athletes.
- Some Sport Social Workers are athletic department staff members while others may be employed by an outside vendor or university counseling department to work exclusively with student-athletes.

How are we unique?

- Sport Social Workers are equipped to help student-athletes and athletic departments navigate systems including criminal justice, foster care, communal, familial, and peer networks that some student-athletes continue to interact with upon their arrival to college campuses.
- Sport Social Workers use strength-based and biopsychosocial approaches in their work with student-athletes and athletic departments.
- Values and ethics established by the National Association of Social Workers (NASW) guide Sport Social Workers.

ADDRESSING NCAA'S MENTAL HEALTH BEST PRACTICES THROUGH SPORT SOCIAL WORK

1. Clinical Licensure of Practitioners Providing Mental Health Care

- Nearly 300,000 licensed social workers in US
- Utilize person-in-environment framework to understand social, psychological, biological, cultural, and spiritual dimensions
- Address behavioral and emotional issues
- Offer various therapeutic techniques

2. Procedures for Identification & Referral of Student-Athletes to Qualified Practitioners

- Develop and review referral protocols
- Provide case management and crisis intervention to athletes, teams, and departments
- Communicate with medical and mental health professionals inside and outside the university
- Advise Athletic Trainers on identifying mental health and referring to appropriate resources

3. Pre-Participation Mental Health Screening

- Assess student-athlete's strengths, risks, needs and systems prior to collegiate sport participation
- Conduct various screening tools
- Develop and oversee mental health referral plans

4. Health Promoting Environments that Support Mental Well-Being and Resilience

- Collaborate with NCAA Committees
- Develop and evaluate interventions & preventions
- Partner with campus resources to promote health and well-being of student-athletes
- Advocate for the best interests of student-athletes, coaches and athletic departments

EXAMPLES OF COLLEGES UTILIZING SPORT SOCIAL WORKERS

- George Mason University
- Lamar University
- Lindenwood University
- Louisiana State University
- North Carolina Central University
- University of Connecticut
- University of Georgia
- University of Iowa
- University of Louisville
- University of Massachusetts Amherst
- University of Michigan
- University of North Dakota
- University of Pittsburgh
- University of Tennessee
- University of Texas
- Utah State University

Helping athletes win at life!

Alliance of Social Workers in Sports

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Tel: (800) 567-1178
Fax: (765) 285-1029
Email: socialworkersinsports@gmail.com



Example of a Sport Professional Career: Sport Social Worker
Do you have a Sport Social Worker on your staff? Click the link to learn more

<https://www.aswis.org/>

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MARC SPEARS

SENIOR NBA WRITER [@MARCJSPEARSESPN](#)

Marc J. Spears is the senior NBA writer for The Undeclared. He used to be able to dunk on you, but he hasn't been able to in years and his knees still hurt.



Sport Journalism

See: National Association of Black Journalist, NABJ

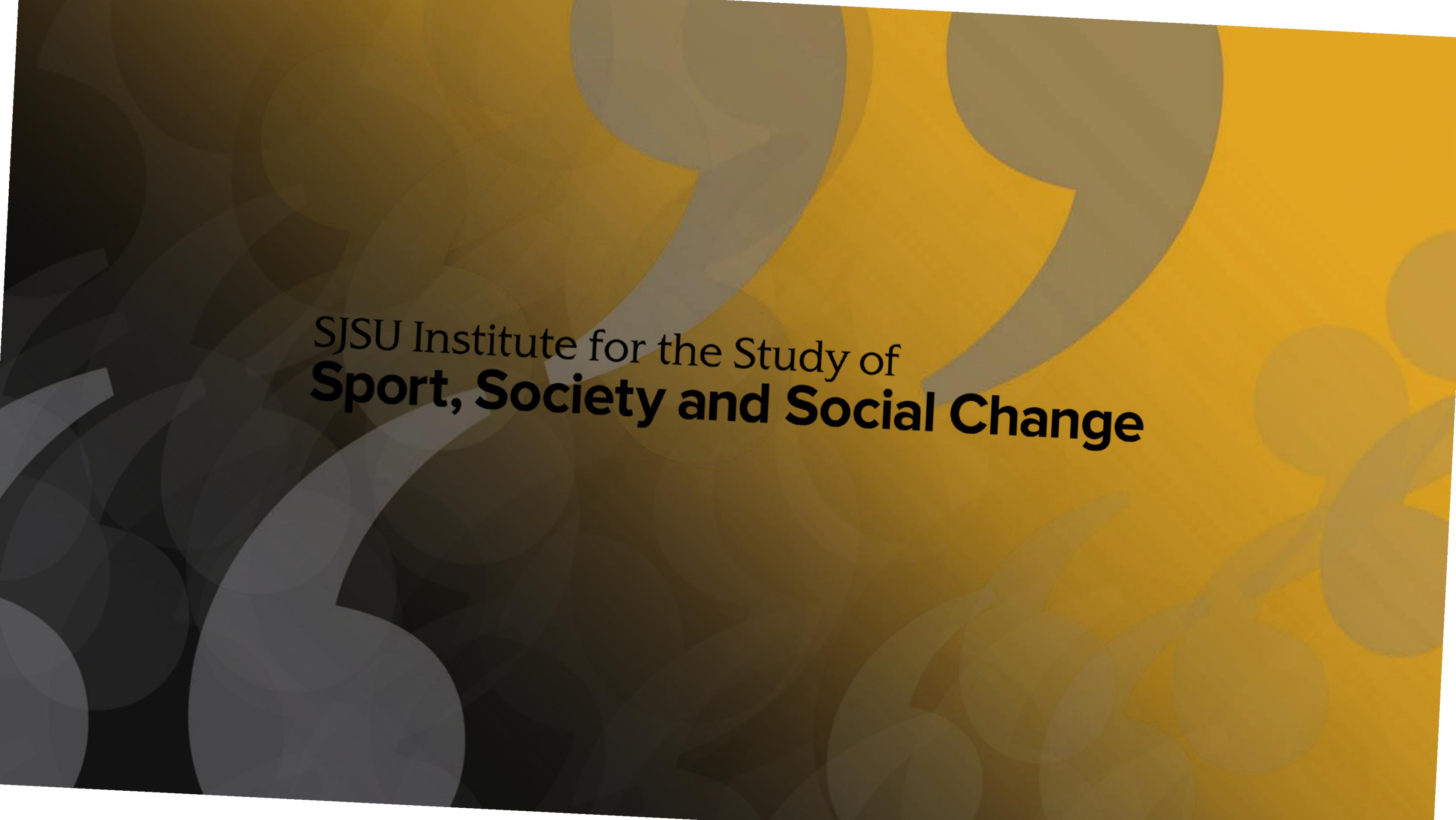
National Sports Media Association

Association for Women in Sports Media

Sport Journalist Association

ESPN: The Undeclared

- Covering Nolan Richardson: What an assignment for a young reporter
- Articles:
 - <https://theundeclared.com/contributors/marc-spears/>



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A “Few” Anti-Racist Readings and Texts

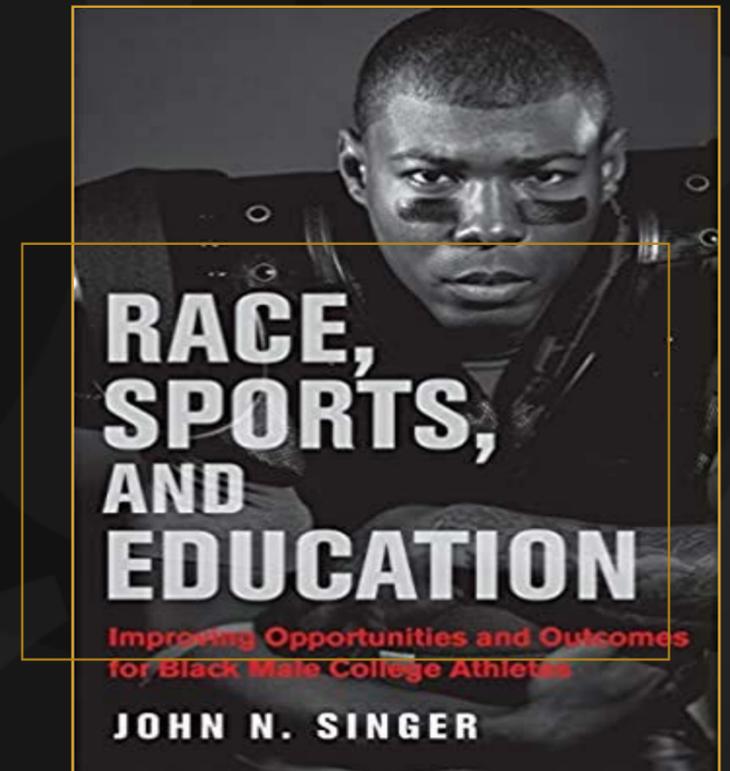
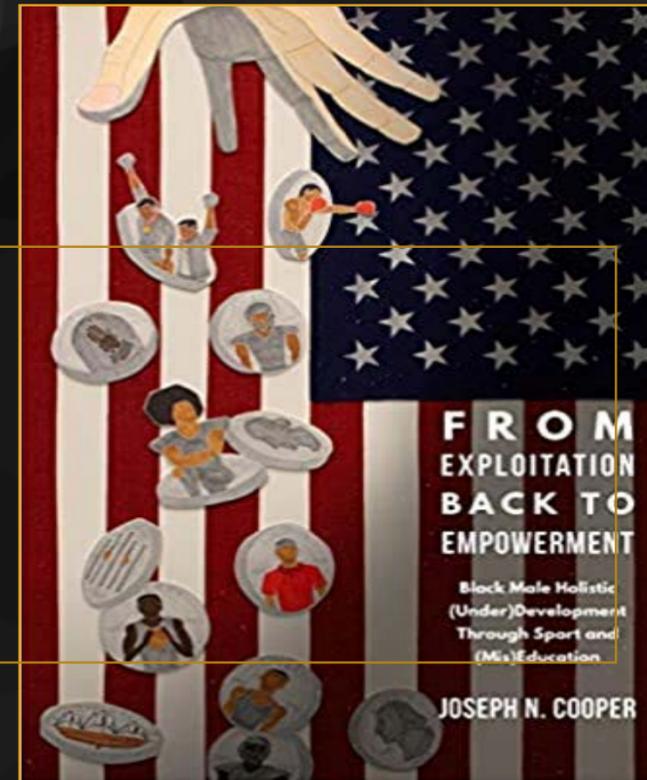
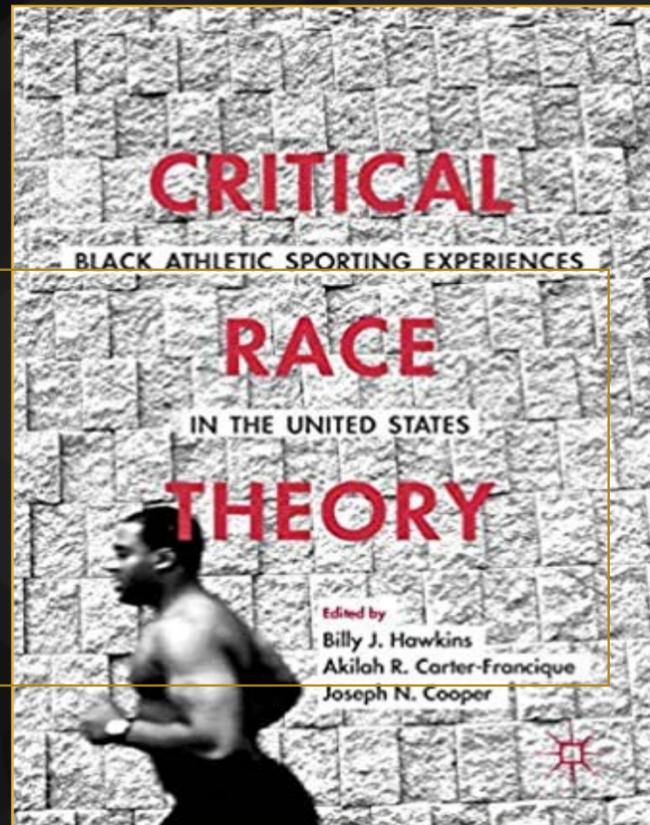
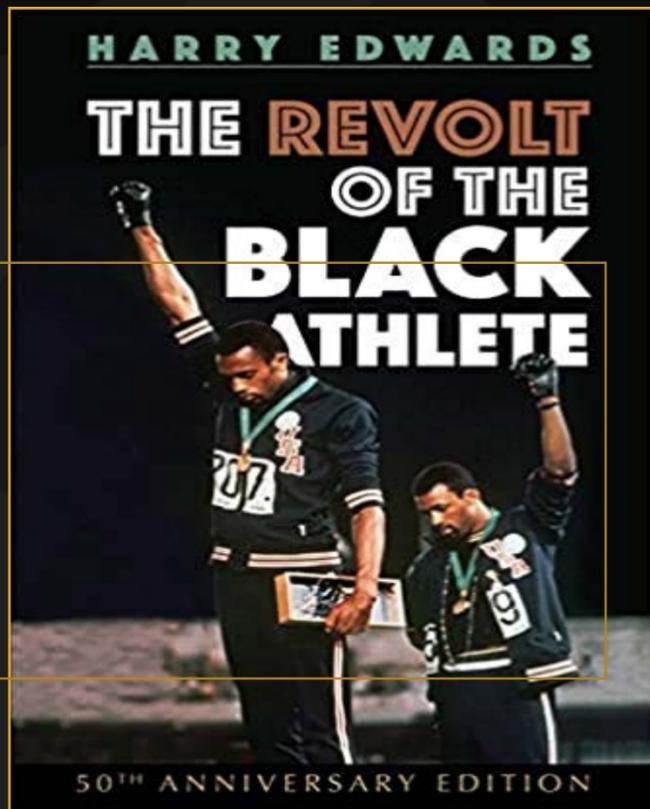
McIntosh, Peggy. "White privilege: Unpacking the invisible knapsack." *Race, class, and gender in the United States: An integrated study* (2007): 177-82.

Jackson, Lauren Michele . [Vulture: "What Is an Anti-Racist Reading List For?"](#)

Singleton, G. E. (2014). *Courageous conversations about race: A field guide for achieving equity in schools*. Corwin Press.



Race and Sport Texts: Written by ISSSSC Board Members and Faculty Affiliates



SJSU Institute for the Study of **Sport, Society and Social Change**

Speak

Join the dialogue by attending future Institute for the Study of Sport, Society and Social Change events.

Keep the conversation going by using #SJSUwordstoaction.

Give

Support the institute and future programming that will create change.

Visit

Learn more about the intersection of sport and activism by exploring the Dr. Harry Edwards Collection at SJSU's Dr. Martin Luther King, Jr. Library.

sjsu.edu/wordstoaction



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