

WORDS TO ACTION

#SJSUwordstoaction

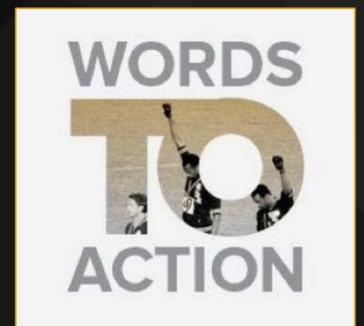


Mentoring through Sport in a Diverse World

Dr. Akilah R. Carter-Francique, Executive Director
Institute for the Study of Sport, Society, and Social Change
Associate Professor, Department of African American Studies
San José State University

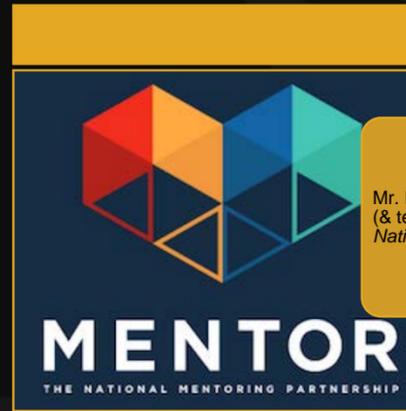


10 July 2020 – Muhammad Ali Center Athletes & Social Change Forum

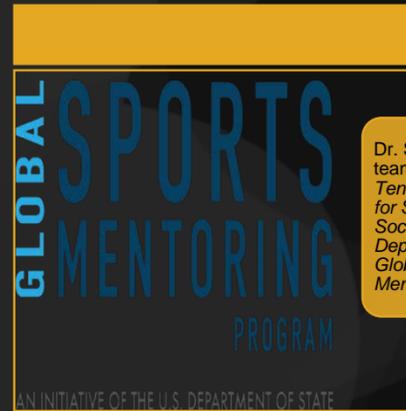




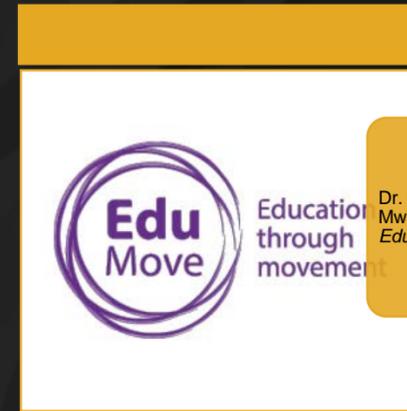
Dr. Marion Keim,
Foundation for
Sport, Development
and Peace &
University of the
Western Cape



Mr. Matt Meyerson
(& team), *Mentor
National*



Dr. Sarah Hillyer (&
team), *University of
Tennessee Center
for Sport, Peace, &
Society | U.S.
Department of State
Global Sports
Mentoring Program*



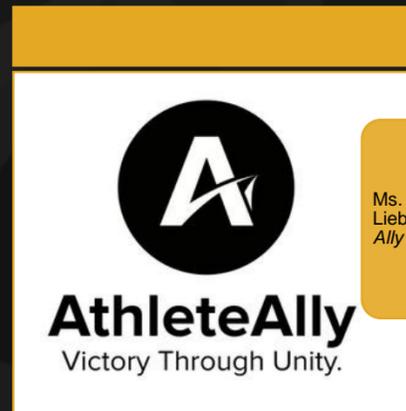
Dr. Oscar
Mwaanga,
EduMove



Mr. Sam Parfitt &
Mr. Laurence
Halsted, *True
Athlete Project*



Mx. Lauren Lubin
April, *Women's
Sports Foundation*



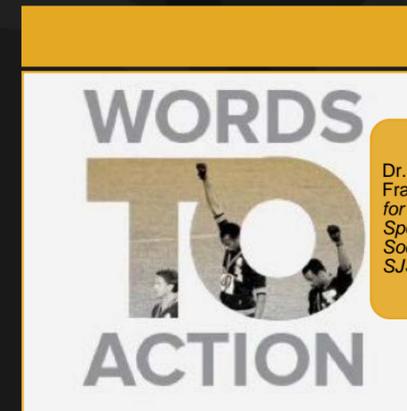
Ms. Anne
Lieberman, *Athlete
Ally*



Ms. Pharlone
Toussaint, *Laureus
Sport for Good
Foundation USA*



Ms. Batouly
Camara, *Women
and Kids
Empowerment*



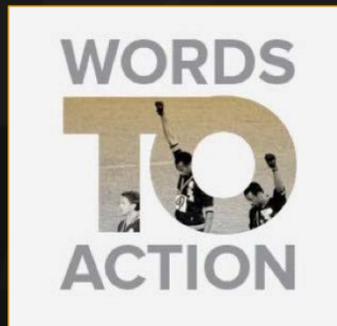
Dr. Akilah R. Carter-
Francique, *Institute
for the Study of
Sport, Society, and
Social Change at
SJSU*

The role and impact of mentors and mentoring on the next generation of athletes and social change.



SJSU Institute for the Study of
Sport, Society and Social Change

SJSU Institute for the study of sport, society and social change



- In January 2017, SJSU launched the Institute for the Study of Sport, Society and Social Change.
- San Jose State occupies a unique niche in the history of sport and social change—because of its people. The university is the birthplace of the Olympic Project for Human Rights (OPHR), a movement led by Harry Edwards that culminated in the iconic protest of Olympic medalists Tommie Smith and John Carlos.
- The legacy of equity and social justice is a part of SJSU’s DNA. The university was founded on education for all and providing a voice for those who may otherwise remain silent. The ISSSSC honors this legacy and continues the dialogue about athlete activism and the influence of sport in effecting positive social change.
- As our nation confronts and explores deeply complex social issues, it is critical that we continue to challenge the boundaries of sport and activism. Sport offers the occasion to pose big questions, not just of athletes, but also of ourselves and provide enlightened perspectives.



WORDS to Action:

The Institute for the Study of Sport, Society and Social Change is dedicated to research, analysis and education at the intersection of sport and society.

Join the conversation
#SJSUwordstoaction

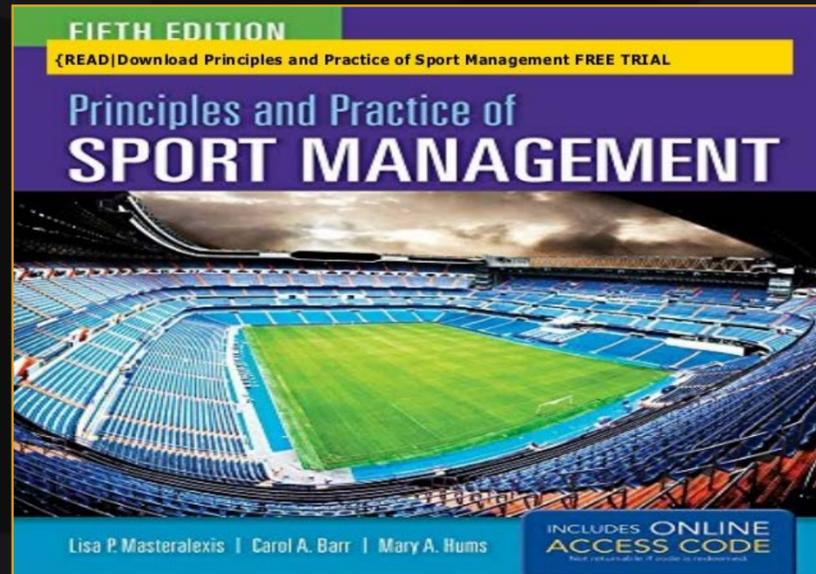




History & Definition

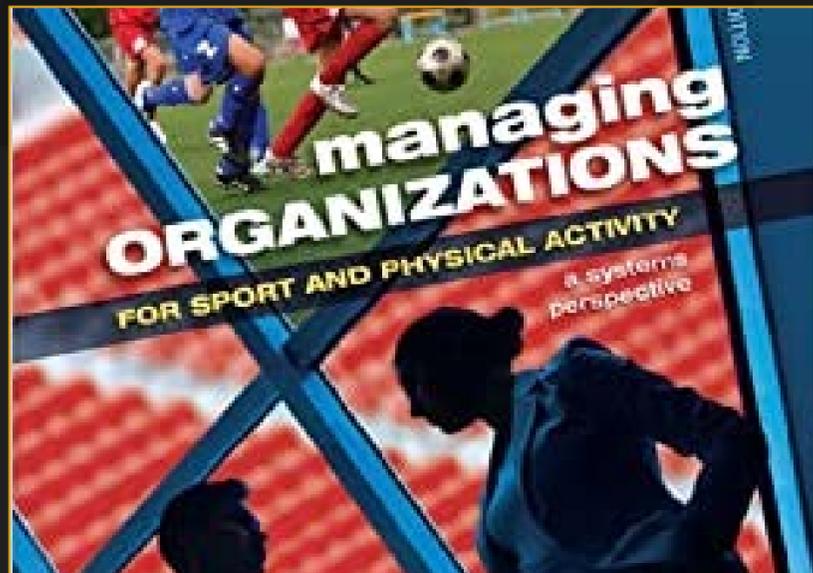
- The mentor relationship is one of the most complex, and developmentally important, a man can have in early adulthood...The term 'mentor' is generally used in a much narrower sense, to mean teacher, advisor, sponsor.

...Mentoring is defined not in terms of formal roles but in terms of the character of the relationship and the functions it serves. - *Seasons of a Man's Life* (Levinson, Darrow, Klein, Levinson, and McKee (1978), pp. 97–98)



Mentoring in Sport

- “a process in which a more experienced person (i.e., the mentor) serves as a role model, provides guidance and support to a developing novice (i.e., the prote´ge´), and sponsors that individual’s career progress” (Weaver & Chelladurai, 1999, p. 25).



Mentoring Purpose & Function



To provide development and support in a person's career and psychosocial understandings.



How so? Formal programs & Informal engagements

Mentoring Diverse Groups

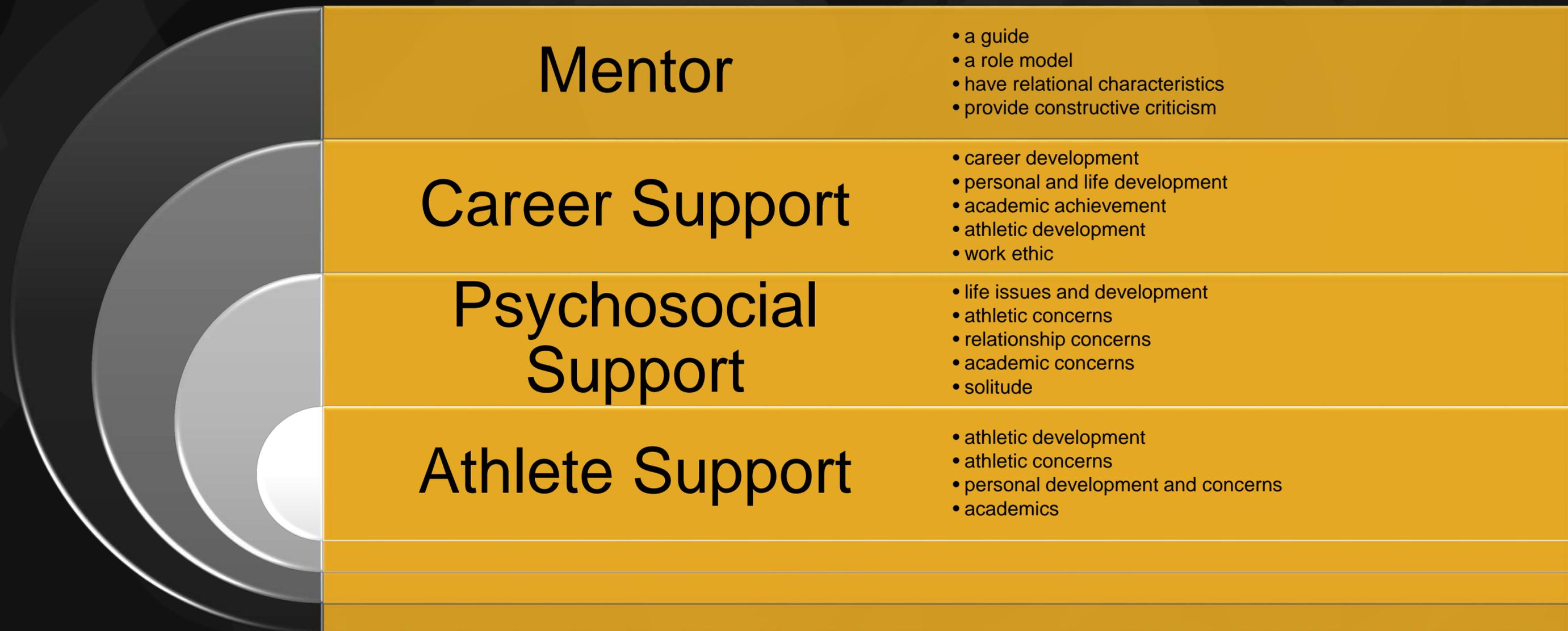


Mentor

- Career Support
- Psychosocial Support
- Athlete Support

Carter, A. R., & Hart, A. (2010). Perspectives of mentoring: The Black female student-athlete. *Sport Management Review*, 13(4), 382-394.

Mentoring Diverse Groups

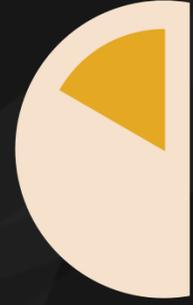


Carter, A. R., & Hart, A. (2010). Perspectives of mentoring: The Black female student-athlete. *Sport Management Review*, 13(4), 382-394.

Mentoring in a Diverse World



Mentoring



Identity Negotiation



Perspectives of
Mentoring



Ethic of Care



Culturally Relevant



Social Capital and
Social Support

The Greatness of Mentorship: Heart, Soul and Spirit



Dr. Marion Keim,
Foundation for
Sport,
Development and
Peace & University
of the Western
Cape

The Power of Connection



Mr. Matt Meyerson
(& team), Mentor
National

Mentoring is a Team Sport: Partnerships, Communities,
and Working Together to Promote Social Change



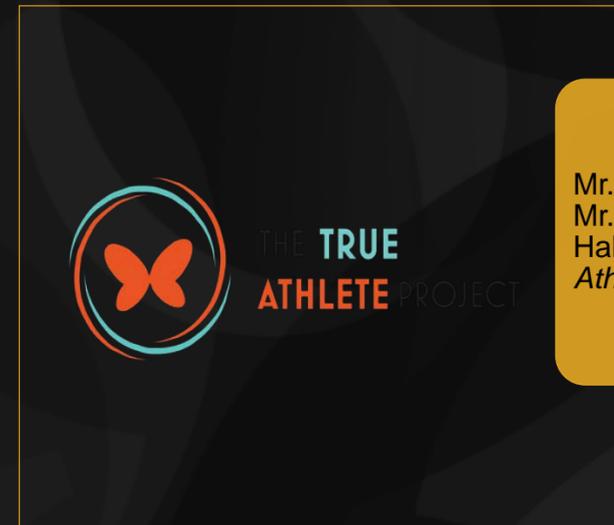
Dr. Sarah Hillyer (&
team), University
of Tennessee
Center for Sport,
Peace, & Society |
U.S. Department of
State Global
Sports Mentoring
Program

Applying Ubuntu as a Mentorship Framework for the Next
Generation of Sport for Change Leaders



Dr. Oscar
Mwaanga,
EduMove

Mentoring and Mindfulness: A Compassionate Approach to
Flourishing through Sport



Mr. Sam Parfitt &
Mr. Laurence
Halsted, True
Athlete Project

*The role and impact of mentors and mentoring on
the next generation of athletes and social change.*

Mentor & Mentee Benefits



Mentor

Mentee

Achieving mentee success

Introduction to new ideas and ways of thinking

Reflective opportunity of your personal goals and personal practices

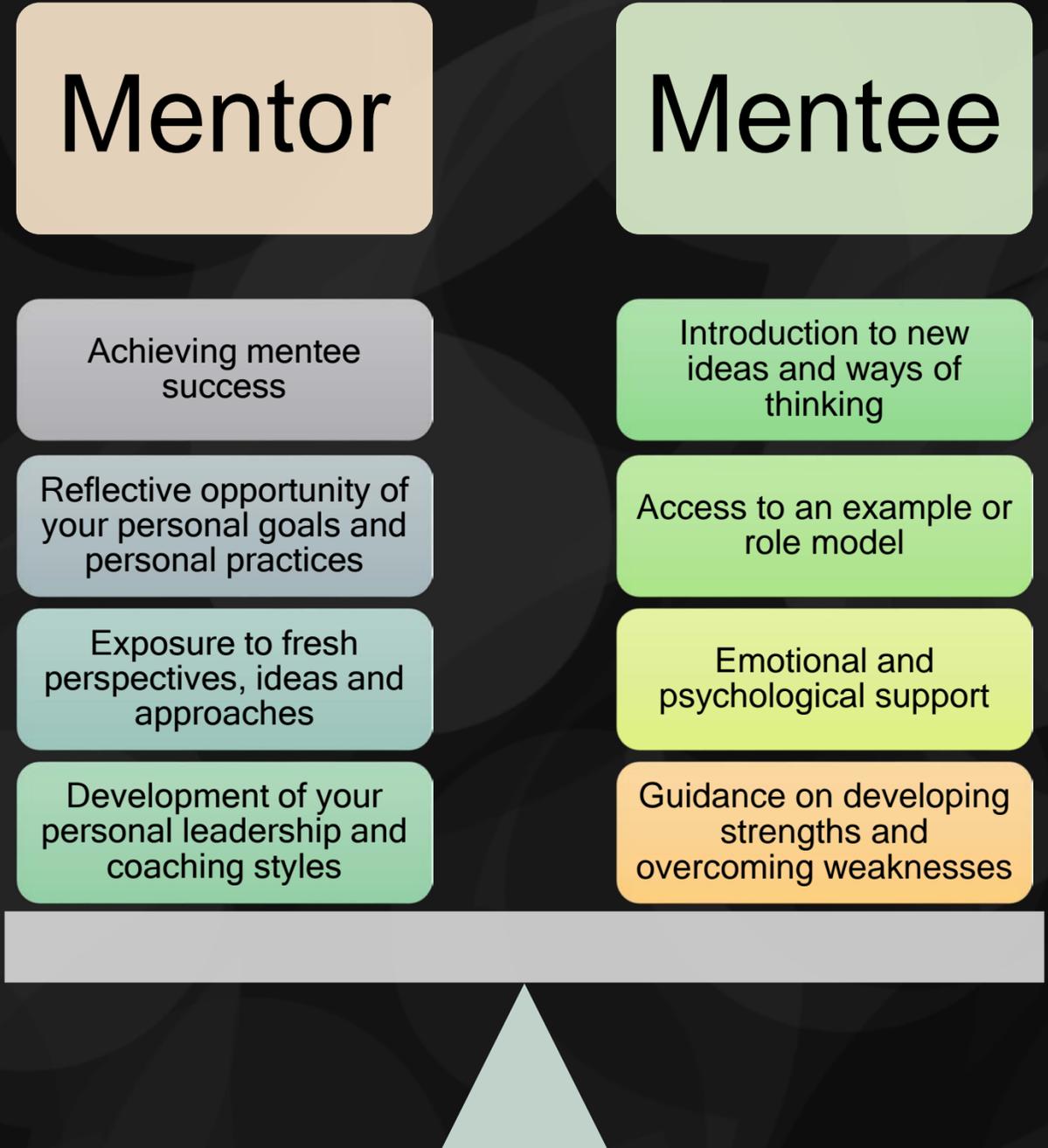
Access to an example or role model

Exposure to fresh perspectives, ideas and approaches

Emotional and psychological support

Development of your personal leadership and coaching styles

Guidance on developing strengths and overcoming weaknesses



Mentoring Benefits

The “Relationship” of Mentoring



4 Essential Elements of the “Relationship”



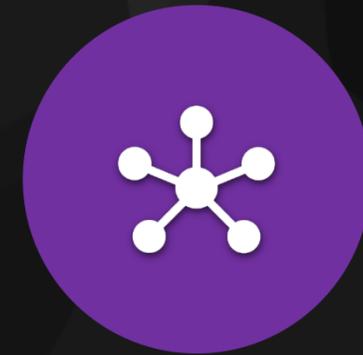
ESTABLISH A SENSE
OF BASIC TRUST



RECOGNIZE THE
REALIZATION OF
THE DREAM, OR
VISION



PROMOTE
ATTAINMENT OF
PROFESSIONAL
SKILLS AND
CONFIDENCE



INTRODUCE
NETWORKS AND
PROMOTE
NETWORKING

Sport in a DIVERSE World



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Diversity



- Diversity in education is defined as “. . . the sum of the ways that people are both alike and different;” and thus, “the dimensions of diversity include race, ethnicity, gender, sexual orientation, language, culture, religion, mental and physical ability, class, and immigration status” (National Education Association, n.d.).

Access

Opportunity to fully participate
in campus life.

Equity

Fair and just outcomes for all
to achieve their full intellectual
and professional potential.

Inclusion

An individual or group sense
of belonging as a valued
member(s) of campus life.

Access >> Equity >> Inclusion

Sense of Belonging

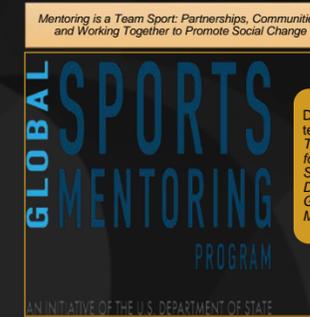
Students "... perceived social support on campus, a feeling or sensation of connectedness, the experience of mattering or feeling cared about, accepted, respected, valued by, and important to the group (e.g., organizational community) or others on campus (e.g., administrators, peers)" (Terrell Strayhorn, 2012, p. 17).



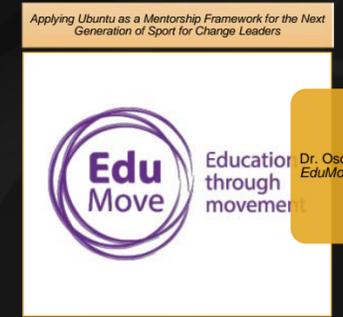
Dr. Marion Keim, Foundation for Sport, Development and Peace & University of the Western Cape



Mr. Matt Meyerson (& team), Mentor National



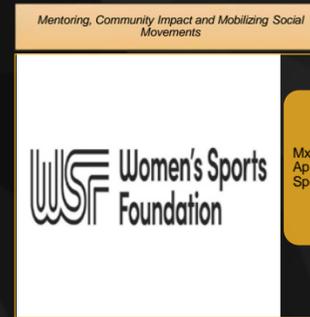
Dr. Sarah Hillyer (& team), University of Tennessee Center for Sport, Peace, & Society | U.S. Department of State Global Sports Mentoring Program



Dr. Oscar Mwaanga, EduMove



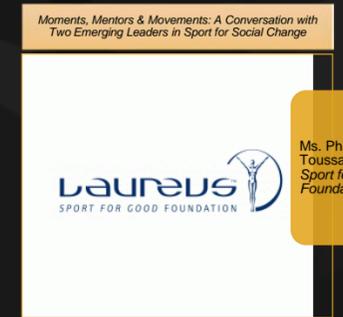
Mr. Sam Parfitt & Mr. Laurence Halsted, True Athlete Project



Mx. Lauren Lubin April, Women's Sports Foundation



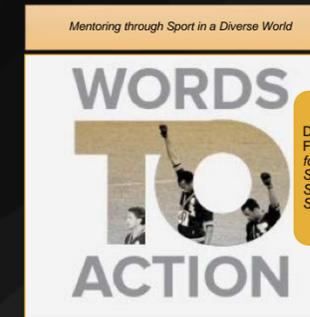
Ms. Anne Lieberman, Athlete Ally



Ms. Pharlone Toussaint, Laureus Sport for Good Foundation USA



Ms. Batouly Camara, Women and Kids Empowerment



Dr. Akiyah R. Carter-Francique, Institute for the Study of Sport, Society, and Social Change at SJSU



a sense of belonging is a basic human need.



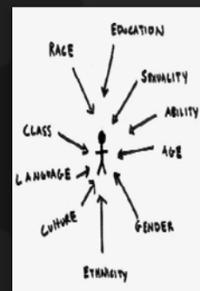
a sense of belonging is a fundamental motive, sufficient to drive human behavior.



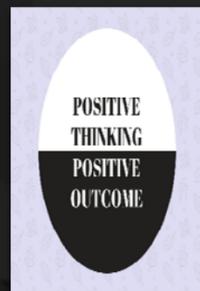
a sense of belonging takes on heightened importance



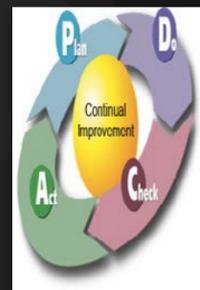
a sense of belonging is related to, and seemingly a consequence of mattering.



a sense of belonging affects college students' and intersect with social identities.



a sense of belonging engenders other positive outcomes.



a sense of belonging must be satisfied on a continual basis and likely change as circumstances, conditions, and contexts change.

Fostering a Sense of Belonging

Mentoring, Community Impact and Mobilizing Social Movements

Moments, Mentors & Movements: A Conversation with Two Emerging Leaders in Sport for Social Change



Mx. Lauren Lubin April,
Women's Sports Foundation



Ms. Anne Lieberman,
Athlete Ally

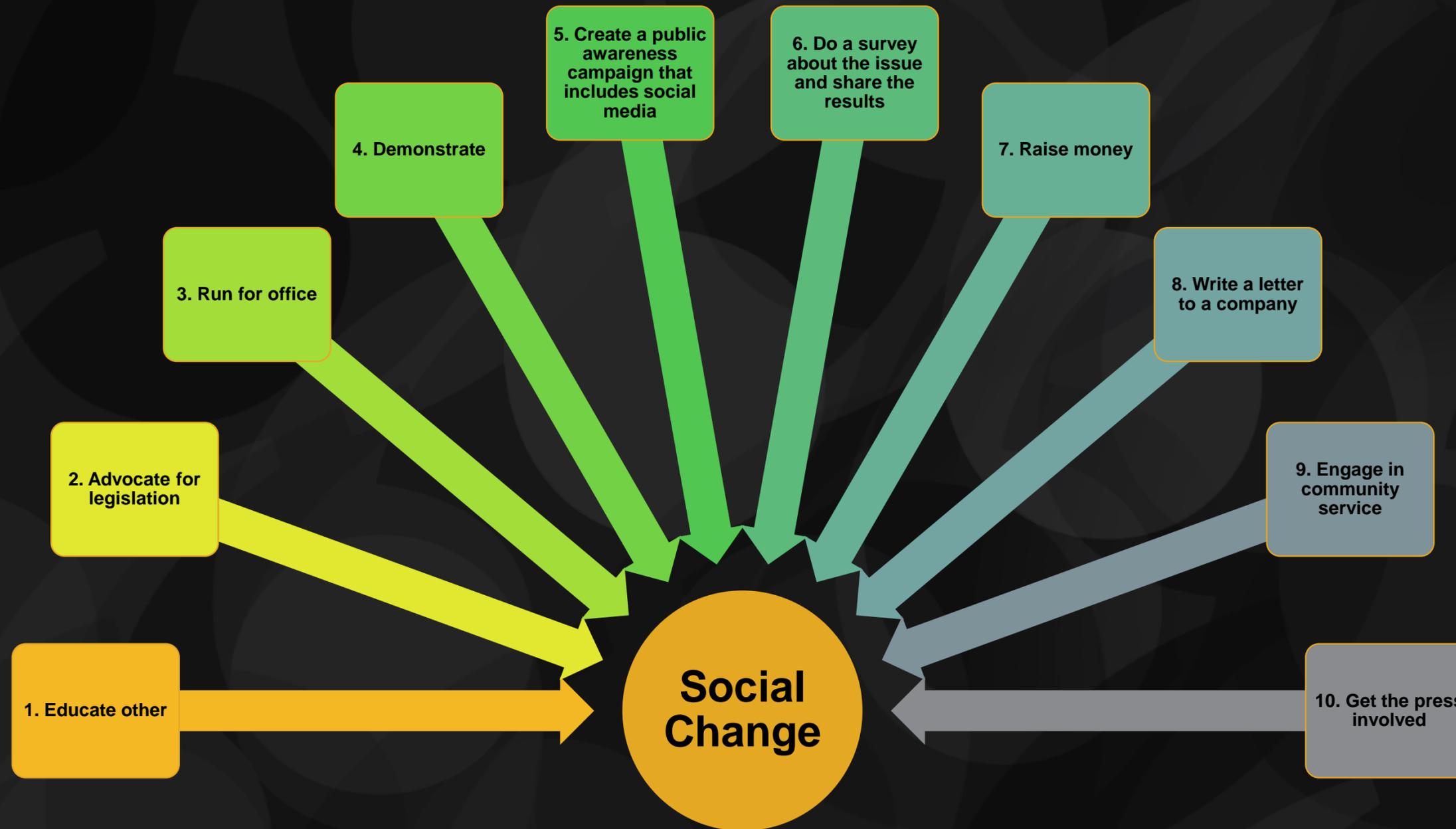


Ms. Pharlone Toussaint,
Laureus Sport for Good Foundation USA



Ms. Batouly Camara, *Women and Kids Empowerment*

The role and impact of mentors and mentoring on the next generation of athletes and social change.



Use of sport to promote social change

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Mentors >> Sponsors >> Champions



Mentors

Mentors serve as advisors & role models and help mentees/protégé determine their goals and formulate their plans. Mentors may or may not work at same organization as protégé.



Sponsors

Sponsors serve as advocates and take a direct role in the advancement of their protégés. Sponsors work at the same organizations as their protégés.



Champions

Champions serve as investment providers and create access by removing barriers. Champions are in positions of power and are influential – often sit on boards.

Mentoring through Sport is a Platform for Social Change

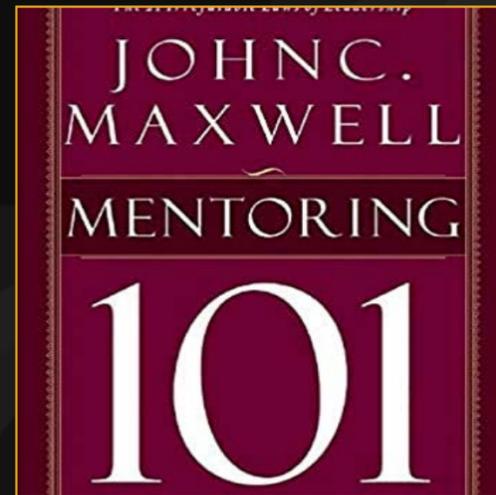
- Developmentally appropriate
- Educative and holistic
- Culturally relevant

WORDS
TO
ACTION

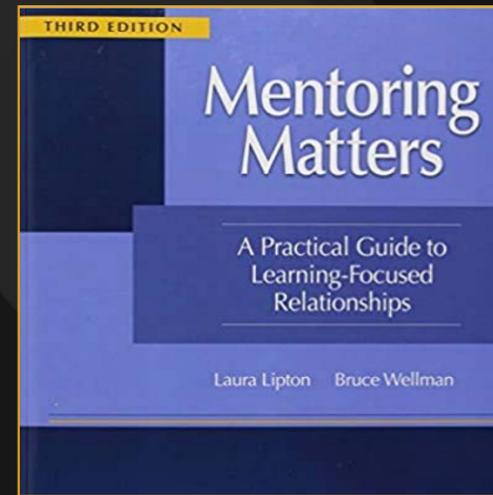


Mentoring Resources

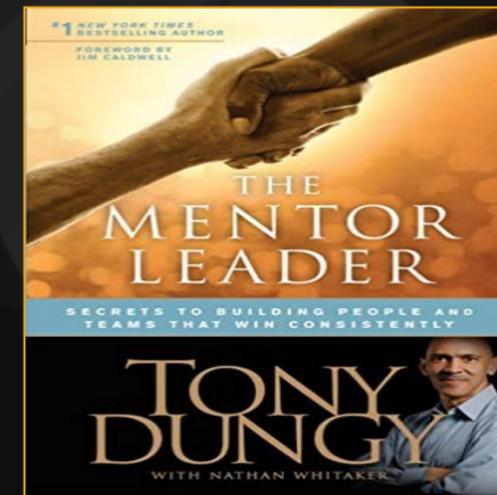
Mentoring 101



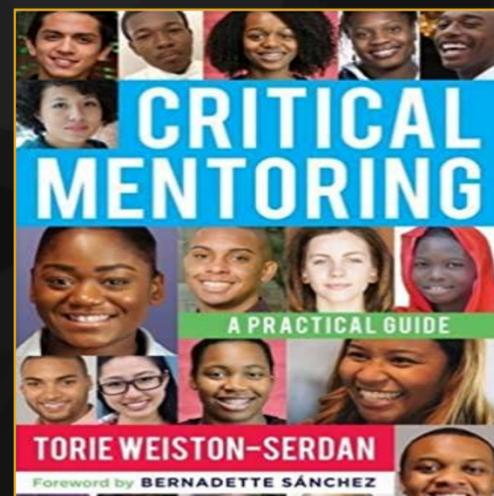
Mentoring Matters



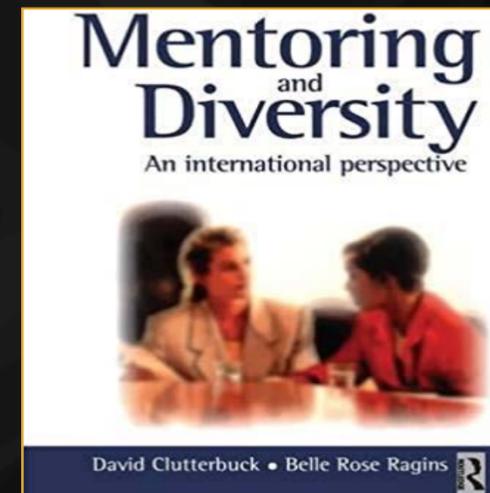
The Mentor Leader



Critical Mentoring



Mentoring & Diversity





Dr. Akilah R. Carter-Francique
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akilah.carter-francique@sjsu.edu

ISSSSC TEAM -
<http://www.sjsuwordstoaction.com>

- Beth Doyle, Executive Assistant,
elizabeth.doyle@sjsu.edu



SJSU Institute for the Study of **Sport, Society and Social Change**

Speak

Join the dialogue by attending future Institute for the Study of Sport, Society and Social Change events.

Keep the conversation going by using #SJSUwordstoaction.

Give

Support the institute and future programming that will create change.

Visit

Learn more about the intersection of sport and activism by exploring the Dr. Harry Edwards Collection at SJSU's Dr. Martin Luther King, Jr. Library.

sjsu.edu/wordstoaction



**References: Carter-Francique Publications

Mentoring

Carter, A. R. (2008). *Negotiating identities: Examining African American female collegiate athlete experiences in predominantly White institutions* (Doctoral dissertation, University of Georgia).

Carter, A. R., & Hart, A. (2010). Perspectives of mentoring: The Black female student-athlete. *Sport Management Review*, 13(4), 382-394.

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