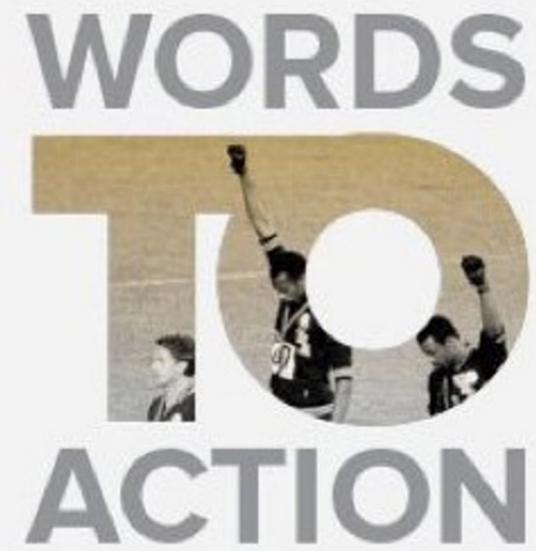


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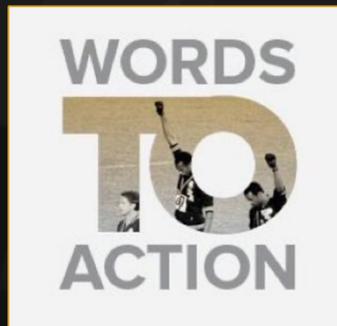
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San José State University's Institute for the Study of Sport, Society and Social change

The Institute for the Study of Sport, Society and Social Change is dedicated to research, analysis and education at the intersection of sport and society.



- In January 2017, SJSU launched the Institute for the Study of Sport, Society and Social Change.
- San Jose State occupies a unique niche in the history of sport and social change—because of its people. The university is the birthplace of the Olympic Project for Human Rights (OPHR), a movement led by Harry Edwards that culminated in the iconic protest of Olympic medalists Tommie Smith and John Carlos.
- The legacy of equity and social justice is a part of SJSU’s DNA. The university was founded on education for all and providing a voice for those who may otherwise remain silent. The ISSSSC honors this legacy and continues the dialogue about athlete activism and the influence of sport in effecting positive social change.
- As our nation confronts and explores deeply complex social issues, it is critical that we continue to challenge the boundaries of sport and activism. Sport offers the occasion to pose big questions, not just of athletes, but also of ourselves and provide enlightened perspectives.

DISABILITY RIGHTS
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**Americans with Disabilities Act (ADA):
Reflections on the last 30 years of people with
disabilities in sport**

10/08/2020



Americans with Disabilities Act (ADA): Reflections on the last 30 years of people with disabilities in sport



Past

- Legislation Defined
- Influence & Impact in Sport, Recreation, and Physical Activity



Present

- Programs, Services, & Opportunities
- Participants
- Leaders



Future

- Shifting through programs, practices, services, and representation

Meet the Panelists



Dr. Akilah R. Carter-Francique, Co-Moderator

Executive Director for the Institute for the Study of Sport, Society and Social Change

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@doctafrancique
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Dr. Mary Hums, Panelist

Professor, Sport Administration, University of Louisville

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@mahums



Eli Wolff, Panelist**

Director the Power of Sports Lab, Instructor with the Sport Management program at the University of Connecticut, and Co-founder and advisor to the Sport and Society initiative at Brown University,

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@eliwolff10



Dr. Amy August, Co-Moderator

Assistant Director for Institute for the Study of Sport, Society and Social Change

Assistant Professor in Department of Sociology and Interdisciplinary Social Sciences
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Dr. Oluwaferanmi Okanlami, Panelist

Assistant Professor, Family Medicine/Physical Medicine & Rehabilitation/Urology - Michigan Medicine

Interim Director - Services for Students with Disabilities
Director - Adaptive Sports & Fitness, University of Michigan
Director - Adaptive Sports, Michigan Center for Human Athletic Medicine and Performance

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@Okanlami



Stephanie Wheeler, Panelist

Head Coach, Women's Wheelchair Basketball; University of Illinois at Urbana-Champaign

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Americans with Disabilities Act



HELEN KELLER
June 27, 1880 - June 1, 1968

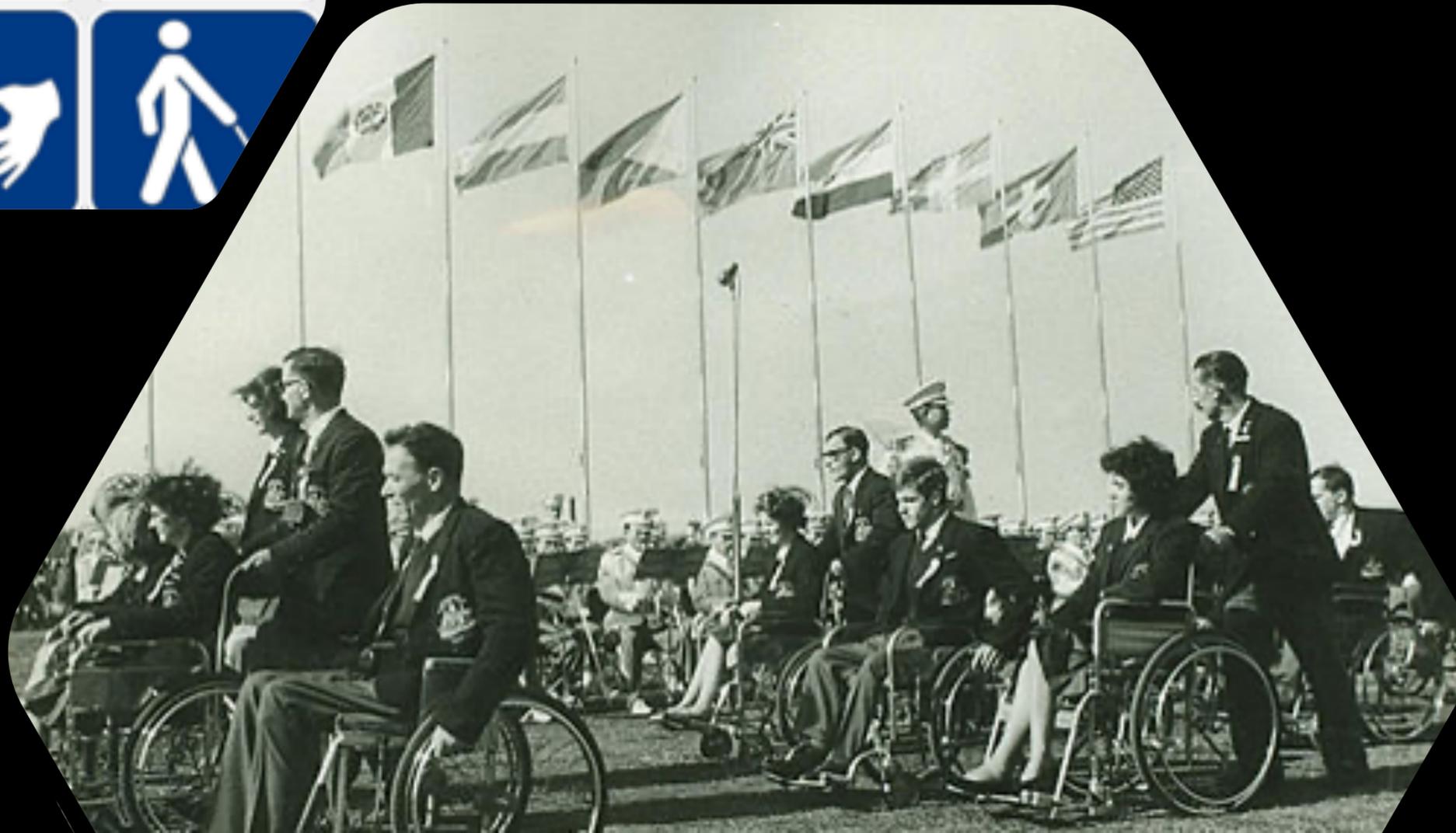
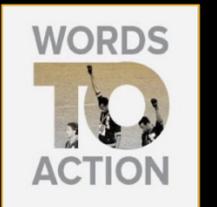
"To accomplish a great and noble task, but it is my chief duty to accomplish small tasks as if they were great and noble."

JUSTIN DART, JR.
August 29, 1930 - June 22, 2002

"You can not be responsible for your own family without being responsible for the society in which it lives. It is the responsibility of the environment in which it lives."



ADA Past



SJSU Institute for the Study of
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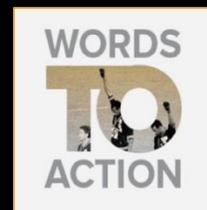
NETFLIX

**OFFICIAL
TRAILER**



Rising Phoenix (2020)

ADA Present



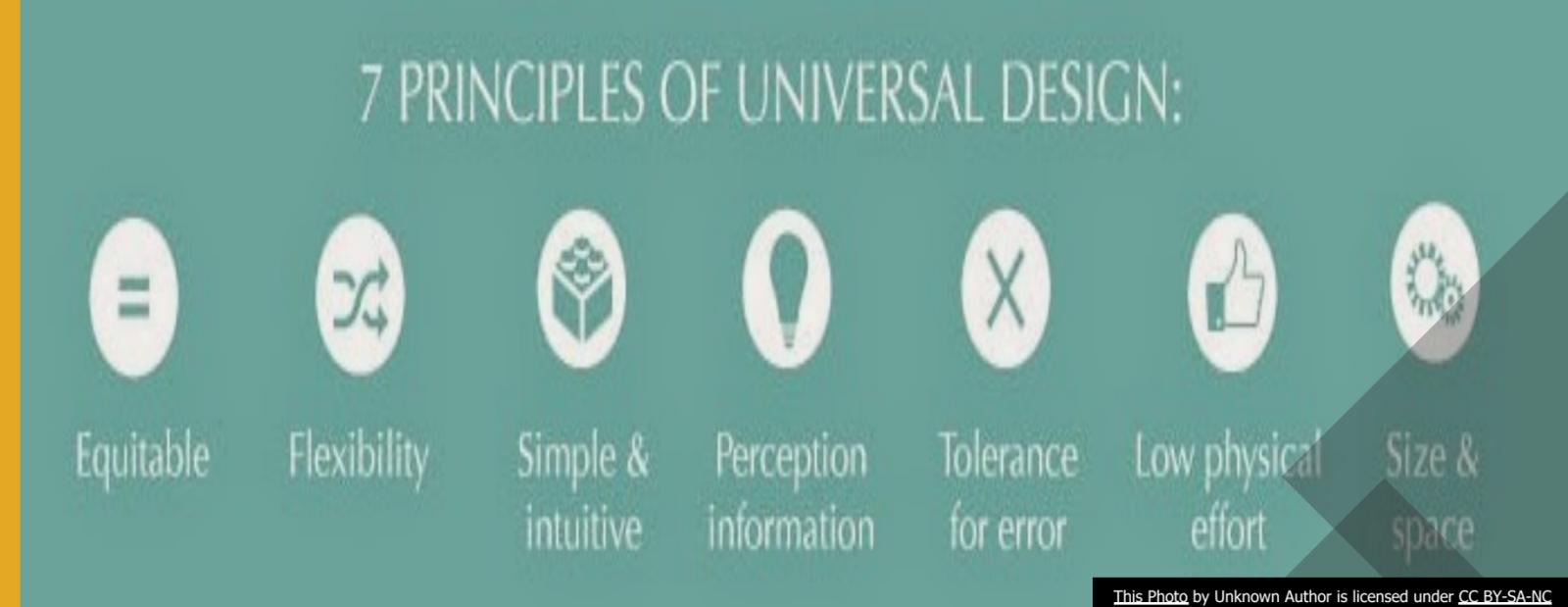
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Universal Design

- **Universal Design (UD)** is a strategy for making products, environments, operational systems, and services welcoming and usable to the most diverse range of people possible. Its key principles are simplicity, flexibility, and efficiency. And whether we realize it or not, most of us benefit from **UD** on a daily basis.
- As a result, ODEP has long promoted **UD** as an effective strategy for increasing the inclusion of people with disabilities, in both the workplace environment and the workforce system.

U. S. Department of Labor, Universal Design





Wheelchair Basketball | Guinness Beer

The background features a stylized graphic of human figures in a chain, rendered in various shades of gray and yellow, set against a gradient background transitioning from light gray on the left to bright yellow on the right. The figures are simplified, with circular heads and curved bodies, suggesting movement and connection.

SJSU Institute for the Study of
Sport, Society and Social Change

Resources from Stephanie Wheeler

National Wheelchair Basketball Association

•https://www.nwba.org/news_article/show/899401

7 Questions with Stephanie Wheeler | We Coach

•<https://wecoachsports.org/membership/coach-of-the-month/stephanie-wheeler/>

Stephanie Wheeler on coaching college athletes with disability, winning Paralympic gold

•<https://www.outsports.com/2020/1/16/21061539/stephanie-wheeler-on-coaching-college-athletes-with-disability-winning-paralympic-gold>

The Illinois Professional: Stephanie Wheeler:

•https://mediaspace.illinois.edu/media/t/1_ql0ojweo/143878231



Photo Credit: Adam Pretty/Getty Images

Resources from Stephanie Wheeler



National Wheelchair Basketball Association

- <https://www.nwba.org/about>

First person account of disability:

- <https://time.com/5881597/disability-kindness/>



University of Illinois, Division of Disability Resources & Educational Services: Empathic modeling:

- <https://www.disability.illinois.edu/empathic-modelingdisability-simulation>

Move United Adapted sports:

- <https://www.moveunitedsport.org/>



Grant organizations for adapted equipment:

- <https://www.sralab.org/lifecenter/resources/listing-grants-and-funding-sources-adaptive-sports-equipment-automotive>

Resources from Dr. Mary Hums & Eli Wolff



Wolff, E.A., & Hums, M.A. (2020, June 16). Muhammad Ali's principles are a guide for the athlete humanitarian, athlete mentor and athlete activist. Retrieved from https://alicenter.org/muhammad-alis-principles-are-a-guide-for-the-athlete-humanitarian-athlete-mentor-and-athlete-activist/?fbclid=IwAR1jAMeqGX4voDAZG1_tbSCCaop2YVkk1y8j62d1I9NCyIiH2FuF_isPEWU

Wolff, E.A., Hums, M.A., Legg, D., & Fay, T. (2015, August 12). From pity to power. SportandDev.org. Retrieved from <http://sportanddev.org/en/newsviews/news/?12871%2F1%2FFrom-pity-to-power>

Wolff, E.A., & Hums, M.A. (2017, July 18). "Horton Hears a Who' – Hearing the voices of athletes with disabilities. Huffington Post. Retrieved from http://www.huffingtonpost.com/entry/horton-hears-a-who-hearing-the-voices-of-athletes_us_596d34cfe4b0376db8b65a49

Resources from Dr. Oluwaferanmi Okanlami

Alabama Adapted Athletics:

- <https://www.youtube.com/watch?v=5c16uYPIw1Q&t=1s>

Michigan Staying Fit While Staying Put:

- <https://medicine.umich.edu/dept/family-medicine/programs/mdisability/providing-adaptive-sports/staying-fit-while-staying-put>

Robeznieks Adaptive Sports in NCAA Thesis:

- <https://digital.library.ryerson.ca/islandora/object/RULA%3A8862>

Wheelchair Basketball Training Zone:

- <https://www.challengedathletes.org/training-zone/>

M ADAPTIVE SPORTS & FITNESS

The Michigan Adaptive Sports and Inclusive Recreation Initiative

Lesson 1: Adaptive Yoga

M PROJECT HEALTHY SCHOOLS
UNIVERSITY OF MICHIGAN

Lesson Rationale

Students will learn about the relationship between disability and adaptive sports, and why adaptive sport can be inclusive sport. This lesson is intended to supplement a previous stretching/yoga lesson, or stand alone. Students will learn to perform inclusive stretches from a seated position. Students will understand how inclusive stretching techniques benefit all individuals, including those without disabilities.

Lesson Objectives

Students will:

1. Explain how adaptive sports can be inclusive sports
2. Use correct stretching and meditative breathing techniques
3. Identify how stretching/deep breathing can help reduce stress

Materials & Equipment

1. Open space to perform stretching exercises
2. Desk/table Chair
3. Mobility device as needed

Lesson Standards

(S3.9.6) - Employs correct techniques and methods of stretching
(S5.2.6) - Identifies components of physical activity that provide opportunities for reducing stress and for social interaction

Vocabulary

Disability
Adaptive Sports
Inclusion

Lesson Outline

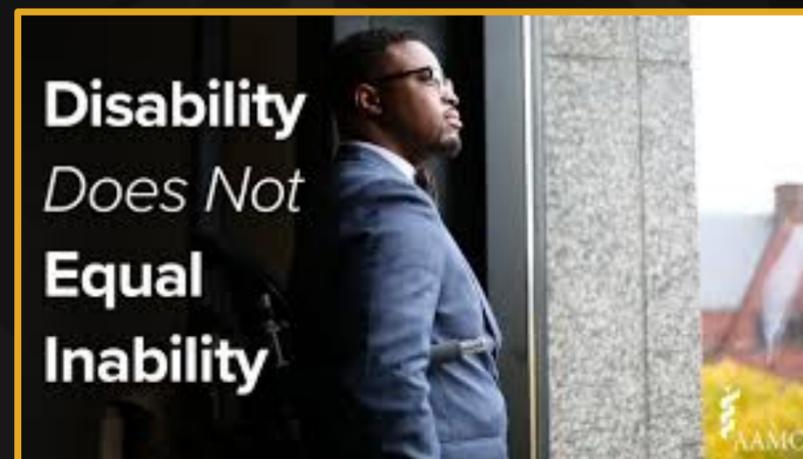
Lesson Opening
Person of the Day
The Importance of Breathing
Stretch it Out
Closing/Cool Down

"Achievability requires perseverance, access, action, and opportunity"

Adam Miller BA '94, MA '96
In Memoriam (1971-1999)

M

ADAPTIVE SPORTS & FITNESS
UNIVERSITY OF MICHIGAN

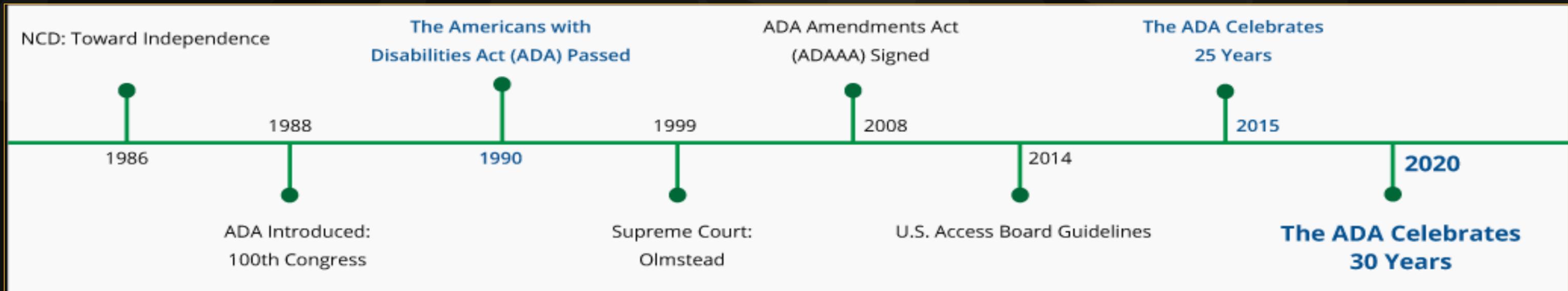


Examining
the Potential
Inclusion of
Adaptive
Sport in the
NCAA

Erik
Robeznieks

Ryerson
University

NW BA



Toolkits & Ted Talks

ADA



ADA 30 Toolkit.

- <https://www.adaanniversary.org/>

Ted Talks

- **Stella Young**
 - <https://www.youtube.com/watch?v=8K9Gg164Bsw>
- **Eli Wolff**
 - <https://youtu.be/qhhheSwi1kU>
- **Dr. Oluwaferanami Okanlami**
 - https://www.ted.com/talks/oluwaferanami_okanlami_dr_o_identity_and_inclusion_during_covid_19



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SJSU Institute for the Study of **Sport, Society and Social Change**

Speak

Join the dialogue by attending future Institute for the Study of Sport, Society and Social Change events.

Keep the conversation going by using #SJSUwordstoaction.

Give

Support the institute and future programming that will create change.

Visit

Learn more about the intersection of sport and activism by exploring the Dr. Harry Edwards Collection at SJSU's Dr. Martin Luther King, Jr. Library.

sjsu.edu/wordstoaction



Save the Date

When:

November 12-13, 2020

Time:

9am-2pm PST

Where:

San José State University

San José, CA

Virtual Conference

More Information:

www.sjsuwordstoaction.com

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DREAM

WITH YOUR EYES OPEN

(Re)Imagining Sport in the Age of Covid-19 and Black Lives Matter

Thank you from ISSSSC

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