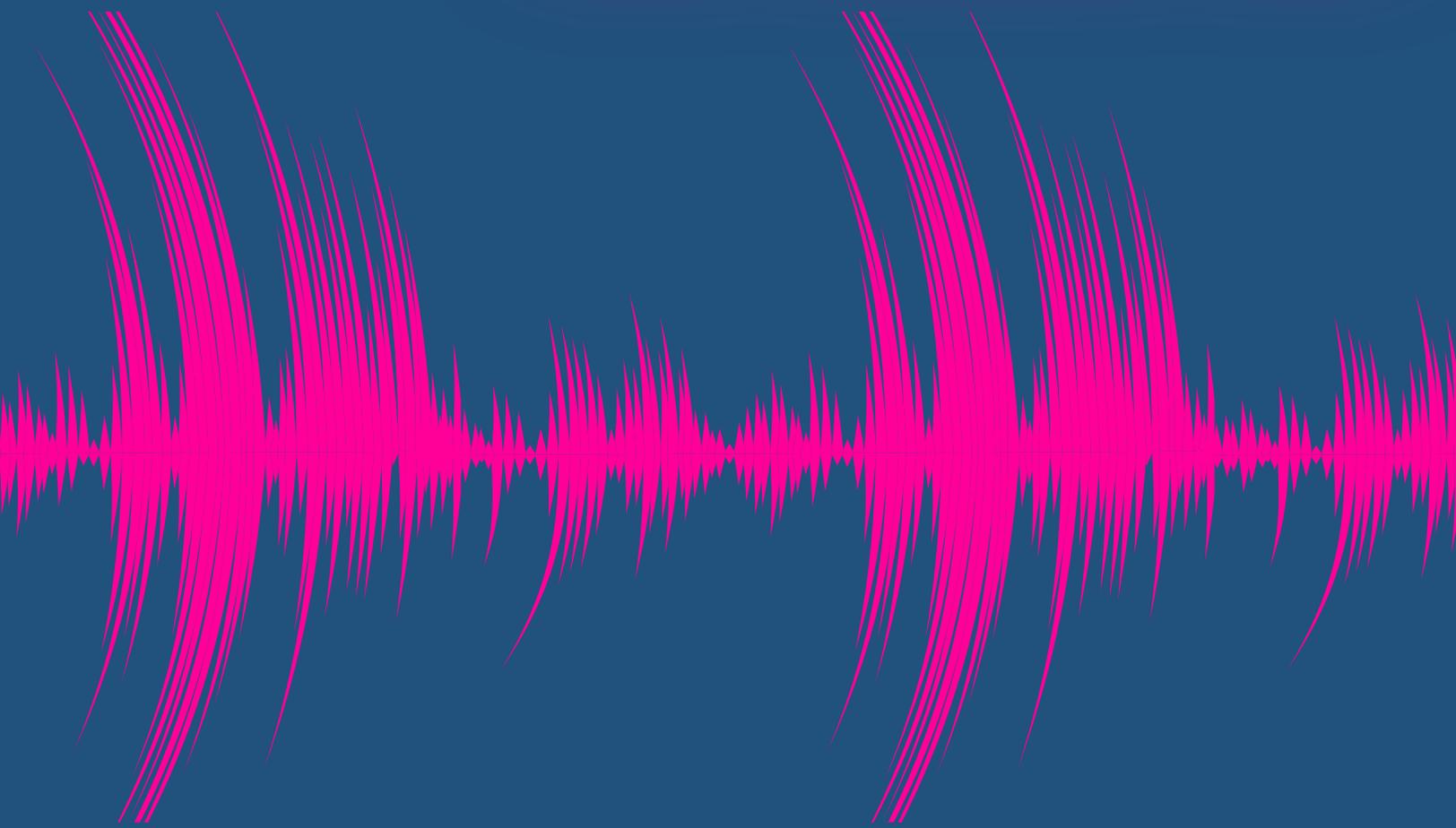


# SPEAKING RESOURCES ON CAMPUS



# Speaking Resources at SJSU

## Get Help with your Presentations with the SJSU Communication Center

The [SJSU Communication Center](#) offers free individual peer coaching to enrich and support your experience in oral communication and presentation skills. They are located in Hugh Gillis Hall 229. They host their appointments in person and on Zoom. Find their hours on their [website](#).

## Toastmasters International Public Speaking Clubs

The [Toastmasters](#)' club mission is to provide a mutually supportive and positive learning environment in which every individual member has the opportunity to develop oral communication and leadership skills. At meetings, members can practice impromptu speaking and prepared speaking. They also can have various leadership roles during the meetings. The local Toastmasters District also holds several contests, trainings, and other area events. [Check out this video](#) for some direct testimonials of the benefits of Toastmasters.

You can find a club near you through their website: <https://www.toastmasters.org/find-a-club>. The closest Toastmaster Club to the SJSU campus is across the street at San Jose City Hall. The club is called Downtown Speechmakers, and they meet every other Wednesday. [Check out their website for more details](#).

## Interview Practice with the SJSU Career Center

You can make one-on-one appointments with a career counselor to practice interview questions and get help with your resume. Current undergraduate students can request appointments through [Handshake](#); recent alumni and graduate students can email the center at [careerhelp@sjsu.edu](mailto:careerhelp@sjsu.edu) to schedule an appointment.

## Recommended Podcasts and Books

- [Bestselling author Suneel Gupta joins Chris Hutchins on the podcast All the Hacks](#) to discuss how to make your ideas sound so appealing to others that they not only adopt them but advocate for them. They talk about how to make failure work in your favor, why conviction and storytelling can be more compelling than statistics, why you should stop trying to be charismatic, and the power of going the extra mile. Check out his book "**Backable: The Surprising Truth Behind What Makes People Take a Chance on You**" at your local library or through your favorite book store.
- [Vanessa Van Edwards, a master of communication, joins Chris Hutchins on the podcast All the Hacks](#) to explore the language of human social cues and what it takes to be charismatic. They also cover the impact that the four primary forms of communication (vocal, words, tone, and imagery) can have on your success in communication with business colleagues, friends, and family. Check out her book **Cues: Small Signals and Incredible Impact** at your local library or through your favorite book store.

“Speech is power: speech is to persuade, to convert, to compel.”

-Ralph Waldo Emerson

# Free Online Resources

YouTube has a wide range of videos on a myriad of public speaking topics. You can find speeches, analysis, and tips. We have selected a few on high-interest topics to showcase the variety.

## How to Become Confident on Stage:

- [Riaz Meghji | How to Overcome Speaking Anxiety: Reduce Stress and Fear](#)
- [Speaking Up Without Freaking Out | Matt Abrahams | TEDx](#)
- [How to speak up when you feel like you can't | Adam Galinsky | TEDxNewyork](#)

## Connecting with Your Audience:

- [Word Cortex with Anita | How to Connect With Your Audience – AND Keep Them Engaged](#)
- [Dananjaya Hettiarachchi: How do you Use Emotions Effectively in Story Telling](#)
- [How to speak so that people want to listen | Julian Treasure](#)

## Looking Good on Camera:

- [Gia Goodrich | How to Look Better on Zoom \[ Light & Angle Your Screen\]](#)
- [Find Your On Camera Personality \(3 Exercises To Become Confident On Camera\)](#)

## Body Language:

- [Body language, the power is in the palm of your hands | Allan Pease | TEDx](#)
- [4 essential body language tips from a world champion public speaker](#)
- [Gia Goodrich | How to Look Better on Zoom \[ Light & Angle Your Screen\]](#)

## Stage Use:

- [What are some good stage presence tips for speaking on stage?](#)
- [14 Uses of the Stage](#)

## Vocal Variety:

- [How Your Voice Shapes Your Communication Image | Wendy LeBorgne | TEDx](#)
- [Vocal Variety Tips](#)
- [Creating Vocal Variety](#)

## Gestures:

- [7 Hand Gestures You Should Be Using](#)
- [The 4 Public Speaking Gestures And How To Use Them](#)

“Be sincere; be brief; be seated.”

-Franklin D. Roosevelt

# Writing Center Services

## Online Tutoring Appointments

45-minute one-on-one tutoring sessions for all SJSU students\*

Monday to Thursday, from 10:00 AM to 9:00 PM

Friday, from 10:00 AM to 3:00 PM

## In Person Tutoring Appointments

45-minute one-on-one tutoring sessions for all SJSU students\*

Monday to Friday, from 10:00 AM to 3:00 PM. Our sessions are held at the SJSU Writing Center on the second floor of the Martin Luther King Library.

## In Person Drop-In Appointments

Service for asking brief writing-related questions during 20-minute sessions at the SJSU Writing Center on the second floor of the Martin Luther King Library --no appointment necessary. Monday - Fridays 12:00 PM - 2:00 PM

## Workshops

One-hour group seminars that focus on specific writing topics; [click here](#) to view the full list of available topics.

## Online Writing Resources

Comprehensive bank of online resources, printable handouts, video tutorials, and links to information on many documentation styles.

\*Additional sessions available for AEC and graduate students.

For questions, please email [writingcenter@sjsu.edu](mailto:writingcenter@sjsu.edu) or contact (408) 924-2308.

The San José State University Writing Center offers a variety of resources to help students become better writers, and all of our services are free for SJSU students.

[sjsu.edu/writingcenter](https://sjsu.edu/writingcenter)



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